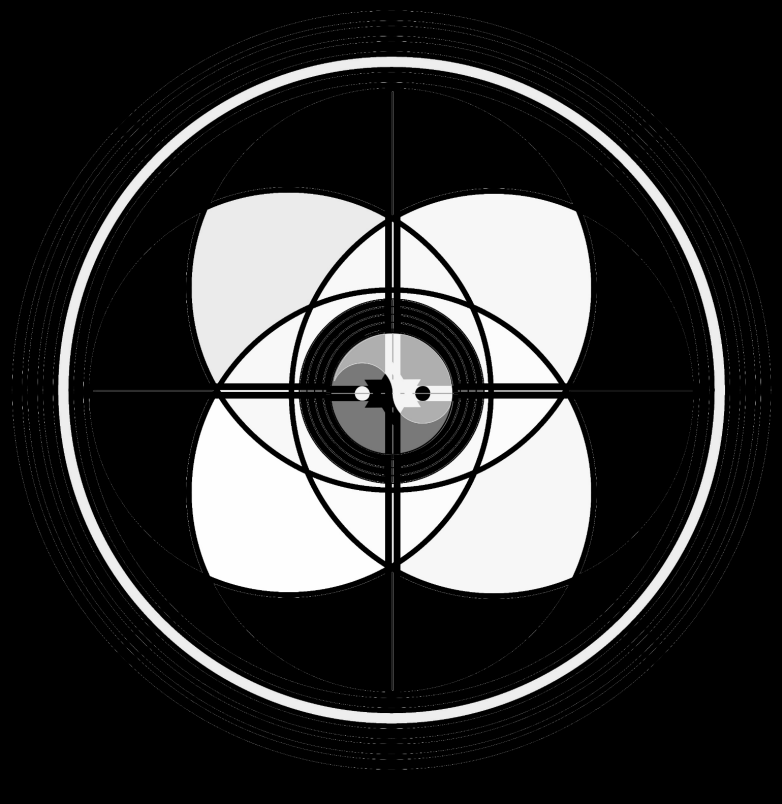
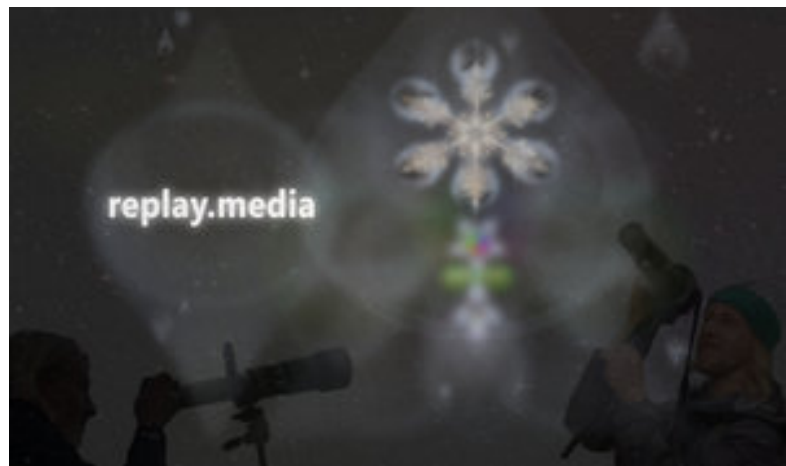
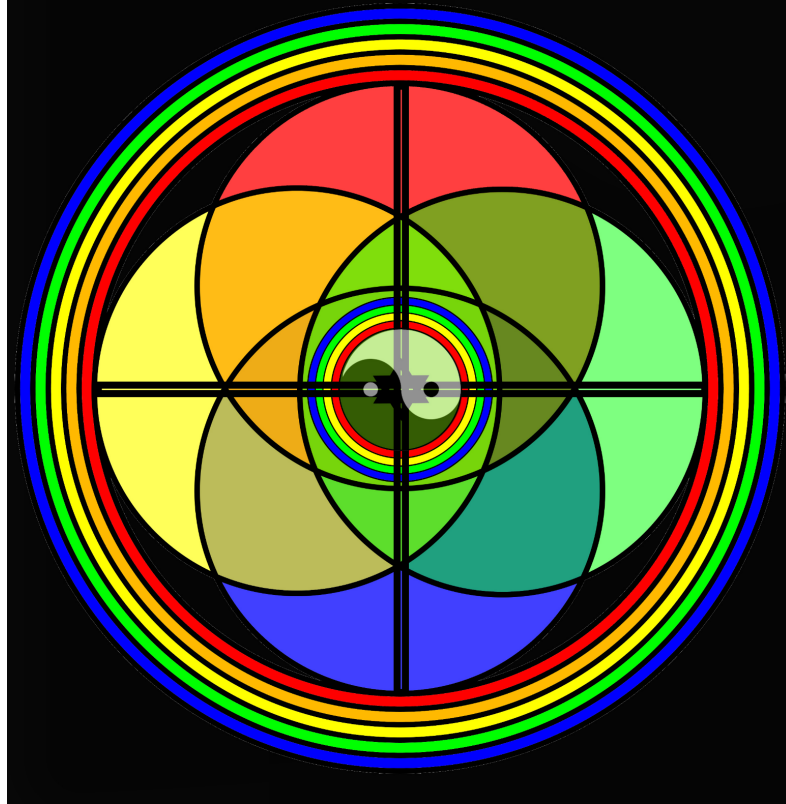


Conscious Culture



Conscious Culture



I. Defining

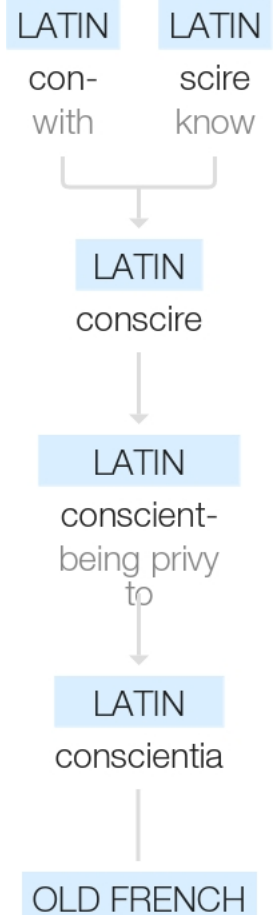
1. **Conscious** - Aware of and responding to one's surroundings; awake. Similar to; Aware, awake, wide awake, compos mentis, alert, responsive, reactive, feeling sentient, painfully aware of; sensitive to

- a. **Conscience** – An inner feeling or voice viewed as acting as a guide to the rightness or wrongness of one's behavior. A cognitive process that elicits emotion and rational associations based on an individual's moral philosophy or value system. Similar to; sense of right and wrong, moral sense, still small voice, inner voice, voice within, morals, standards, values, principles, ethics, creed, beliefs, compunction, scruples, qualms



- i. **Science** – The intellectual and practical activity encompassing the systematic study of the structure and behavior of the physical and natural world through observation and experiment

- ii. **Scientific Method** – A method of procedure that has characterized natural science since the 17th century, consisting in systematic observation, measurement, and experiment, and the formulation, testing, and modification of hypotheses. "Criticism is the backbone of the scientific method"



2. Culture

- a. **[Biology]** a medium designed to support the growth of microorganisms or the cells of a plant or animal
- b. **[Social Sciences]** the social behavior and norms found in human societies. A culture is the set of customs, traditions, and values of a society or community, such as an ethnic group or nation. Culture is the set of knowledge acquired over time. Culture as an attribute of the individual is the degree to which they have cultivated a particular level of sophistication in the arts, sciences, education, or manners. Culture is based on a term used by Ancient Roman Orator Cicero (106-43BC), who wrote of a cultivation of the soul or "cultura animi" – the highest possible ideal for human development, "refers to all the ways in which human beings overcome their original barbarism, and through artifice, become fully human". "man's emergence from his self-incurred immaturity, this immaturity comes not from a lack of understanding, but from a lack of courage to think independently. Dare to be wise!", an ideal of individual human refinement,



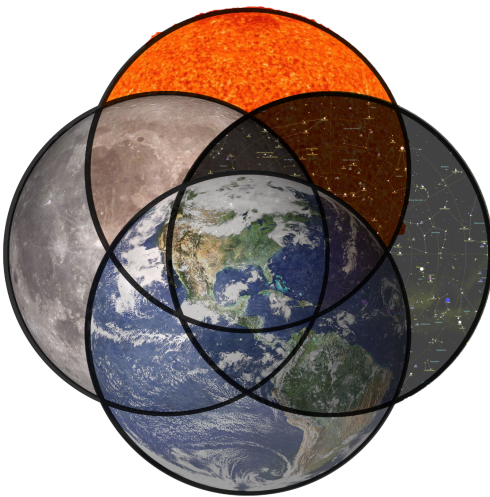
Middle English

of “the best that has been thought and said in the world., “Culture being a pursuit of our total perfection by means of getting to know, on all the matters which most concern us, the best which has been thought and said in the world.”

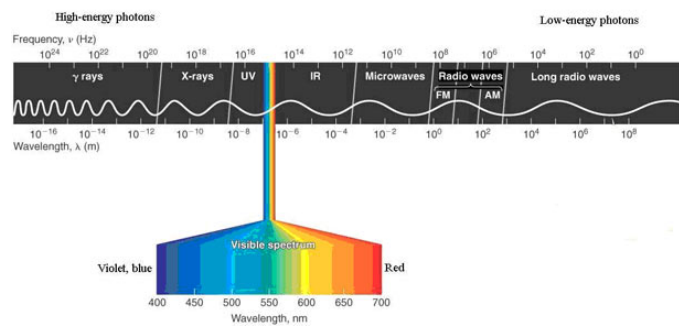
II. Historical Definition(s)

1. **Conscientia** (Cicero) – (A) Knowledge with; shared knowledge. (B) “The knowledge that a witness has of the deed of someone else.”
2. **Conscious** (1668 - Hobbes) – Where two, or more men, know of one and the same fact, they are said to be conscious of it one to another
3. **Consciousness** (1690 - Locke) The perception of what passes in a man’s own mind
4. **Conscience** – (1701 - Descartes) – Internal Testimony
5. **Collective/Creative Conscious/Conscience** (1893 – Emile Durkheim) – The totality of beliefs and sentiments common to average members of a society which forms a determinate system with a life of its own.
6. **Double Conscious** (1897- Frederick Douglass) – “a peculiar sensation, the sense of always looking at one's self through the eyes of others, of measuring ones soul by the tape of a world that looks on in amused contempt and pity. One ever feels his two-ness, - An American, a Negro, two souls, two thoughts, two unrecognized strivings; two warring ideals in one dark body, whose dogged strength alone keeps it from being torn asunder.”
7. **Collective Unconsciousness** (1916 – Carl Jung) – Refers to structures of the unconscious mind which are shared among beings of the same species. Populated by Instincts and Archetypes: Universal Symbols. Distinguished between the “personal”, Freudian unconscious, filled with sexual fantasies and repressed images.
8. **Class Consciousness** (1923 – Georg Lukacs, Marx Theory) – The set of beliefs that a person holds regarding their social class or economic rank in society, the structure of their class and their class interests. An awareness that is key to sparking a revolution that would “create a dictatorship of the proletariat [working class], transforming it from a wage-earning, property-less mass into the ruling class.” - Karl Marx

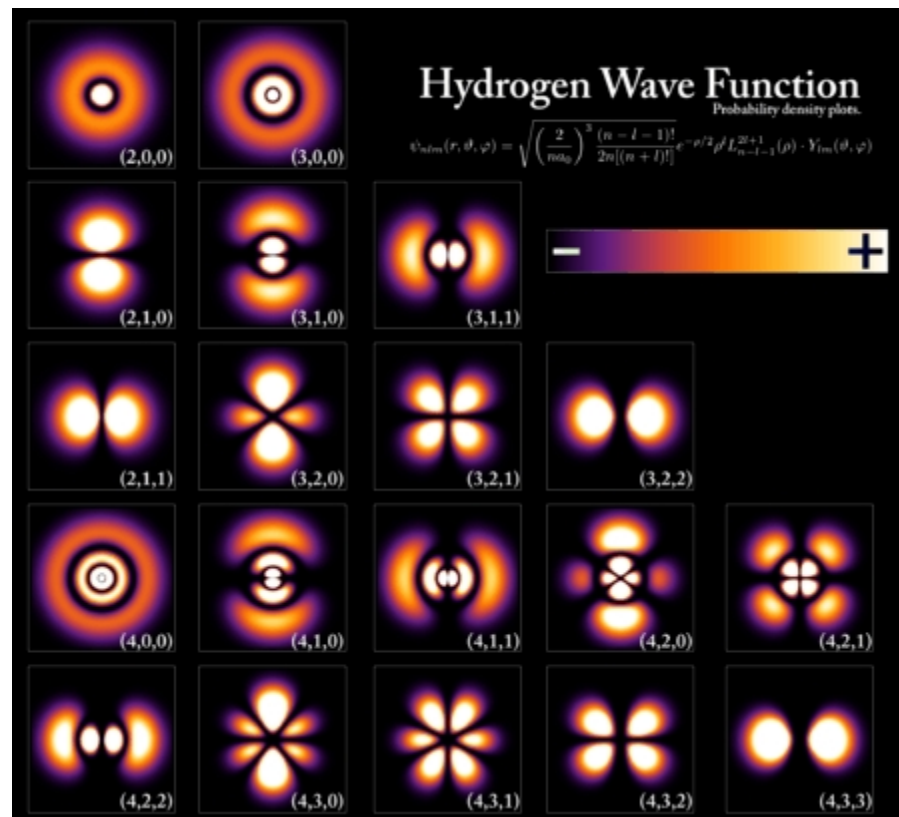
1. Observation(s)



thermodynamics, physics, calculus,
proportional graphing...

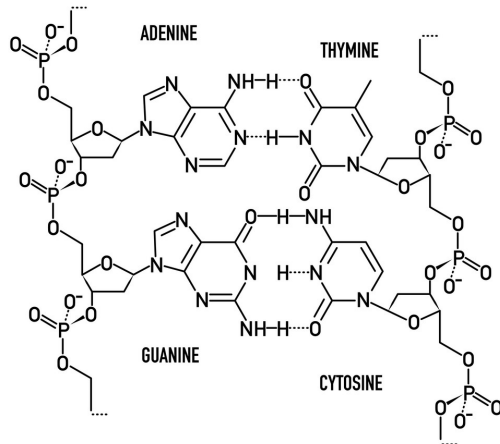


Laws
of



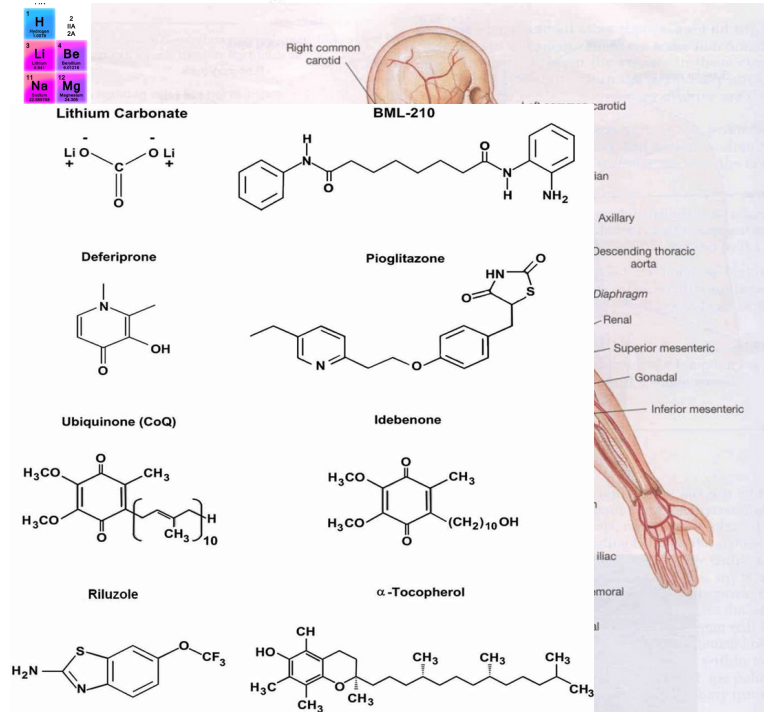
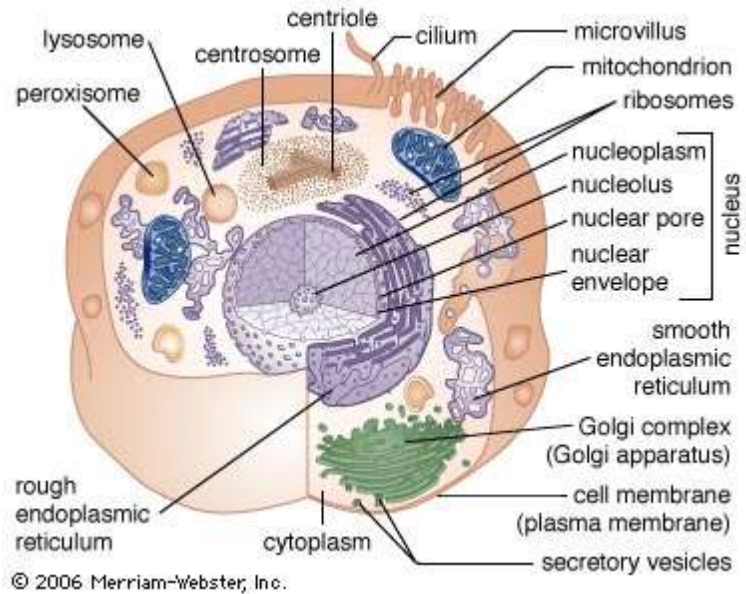
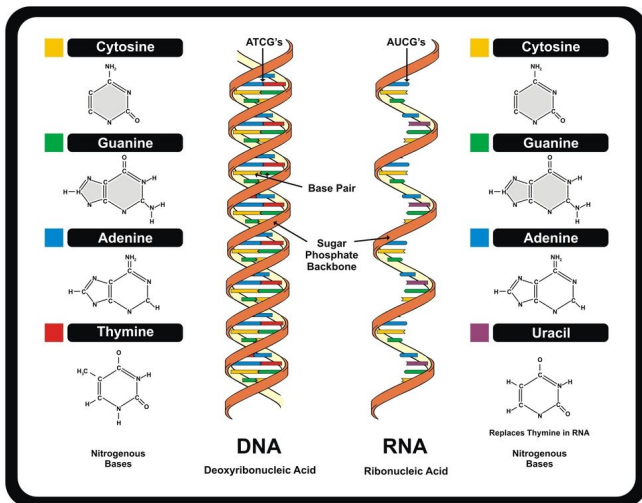
From water molecules to the ocean

And sand grains to the stars

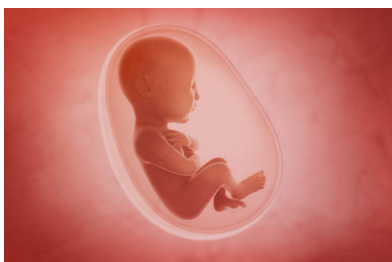


VectorStock®

VectorStock.com/22784200



+Natural endogenous, organic entheogens and synthetic love variants



Introduce concept
Humones, molecular formula
for human and then earth and
Sun presented with regards to

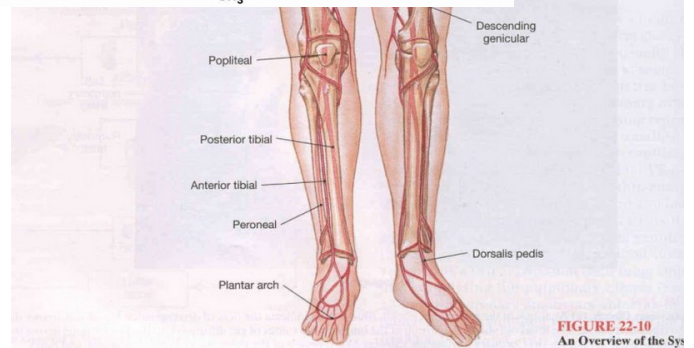
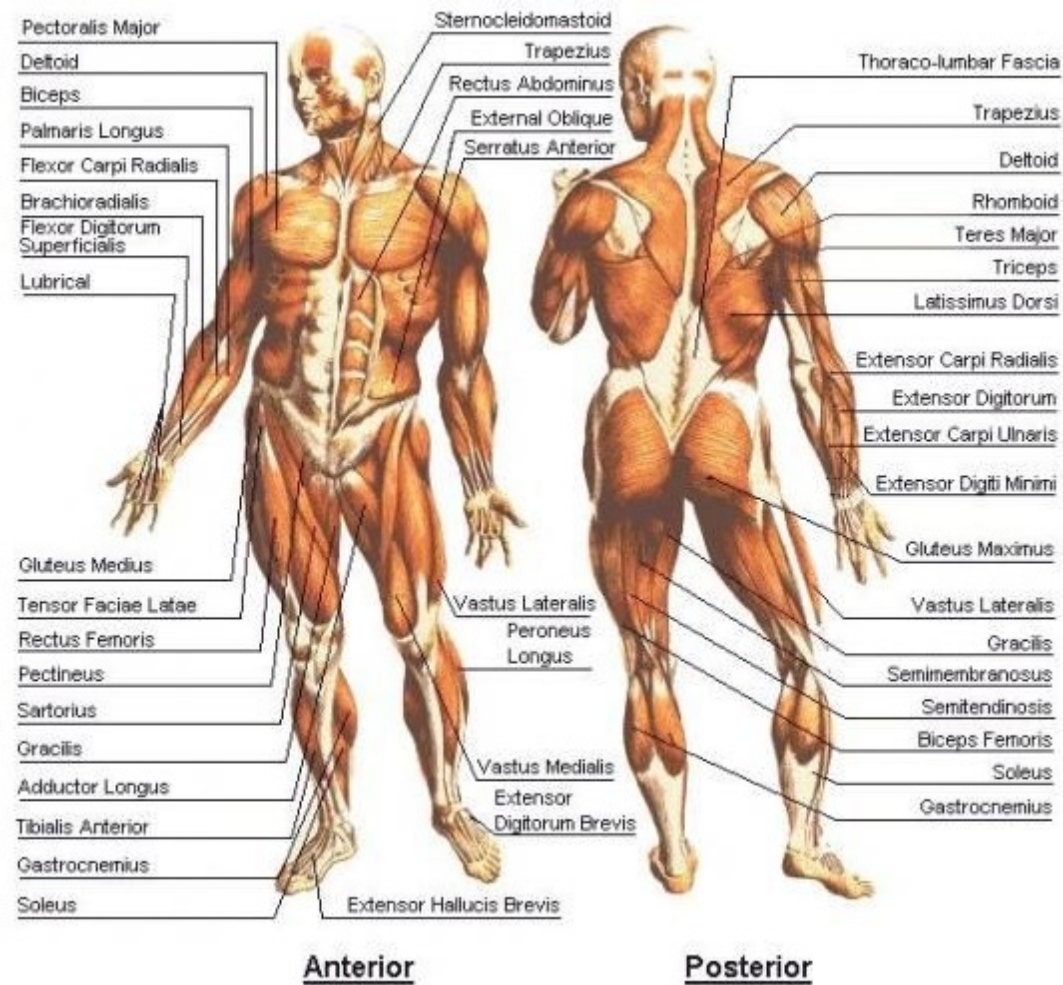
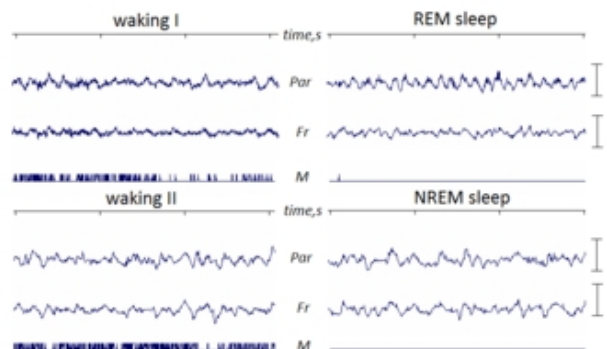
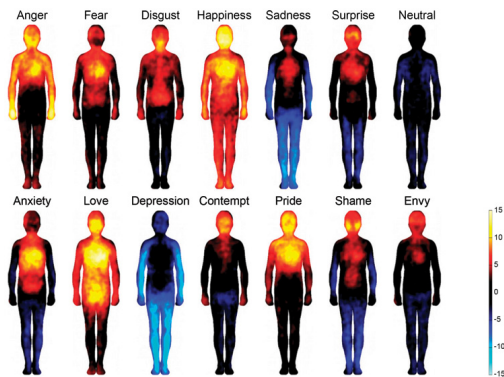
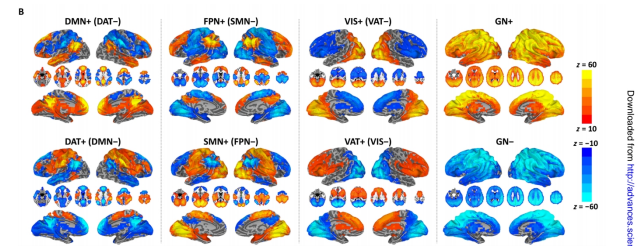
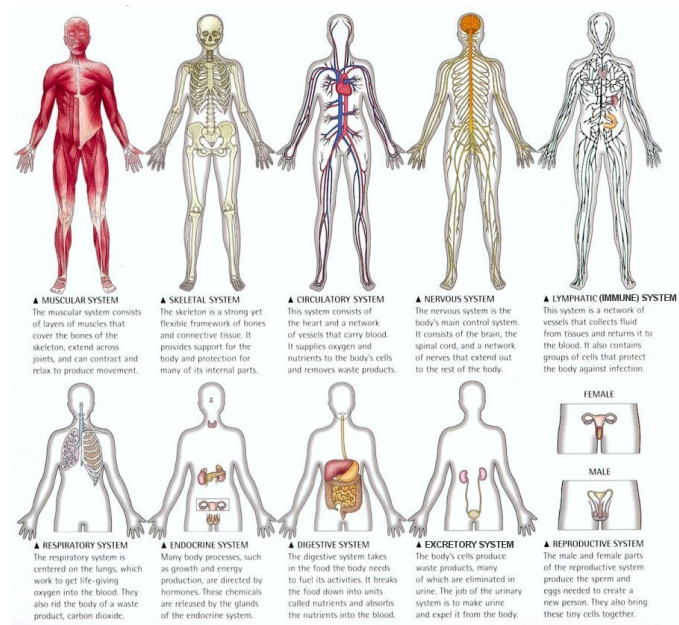
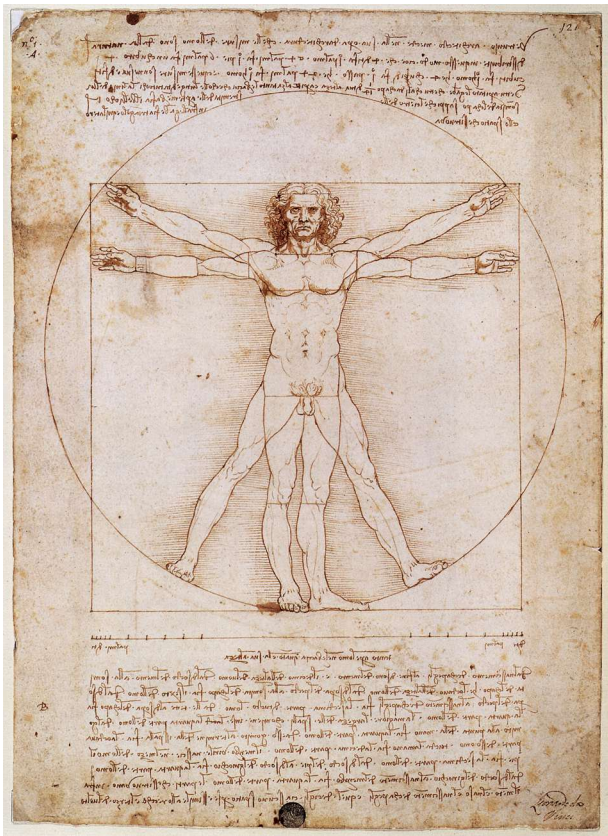


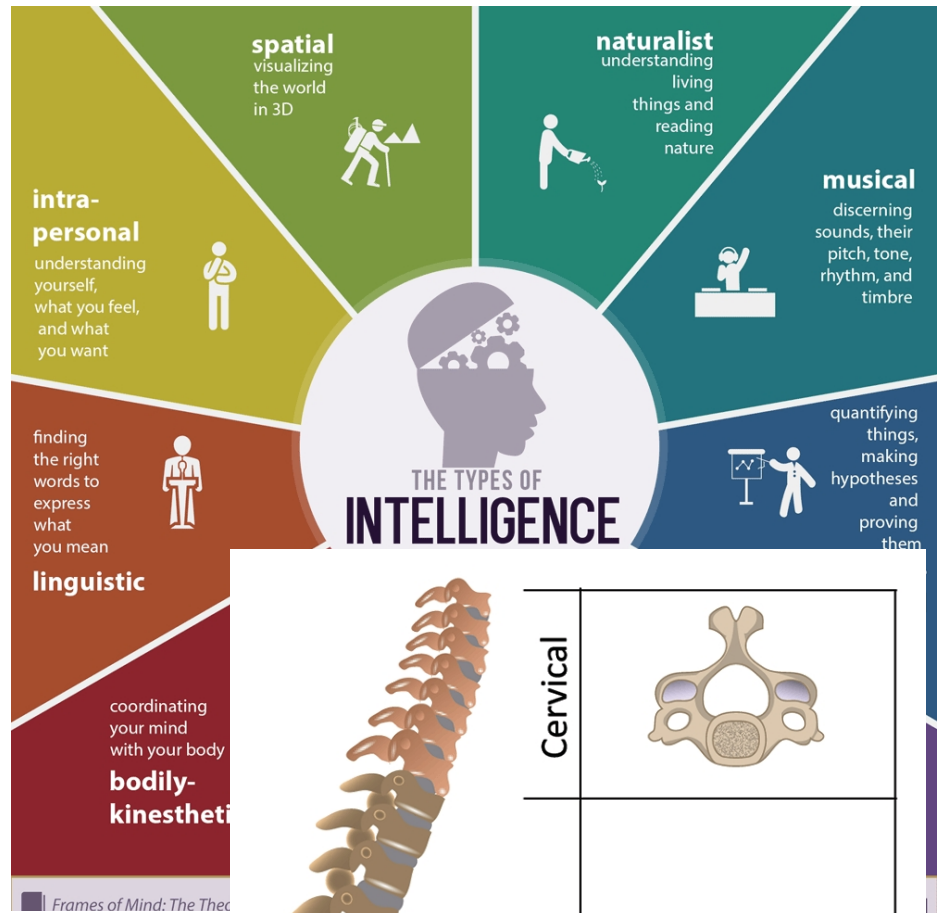
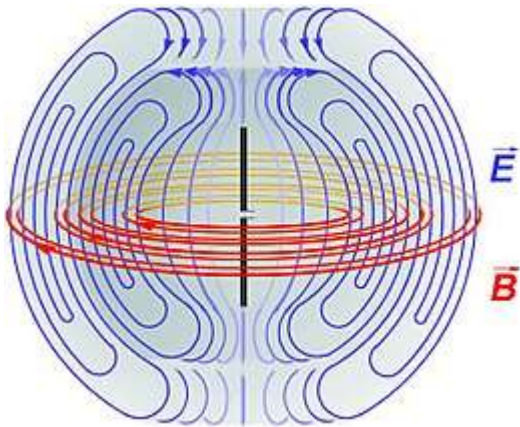
FIGURE 22-10
An Overview of the Sys

libb thims

+Pharmaceuticals in drinking water

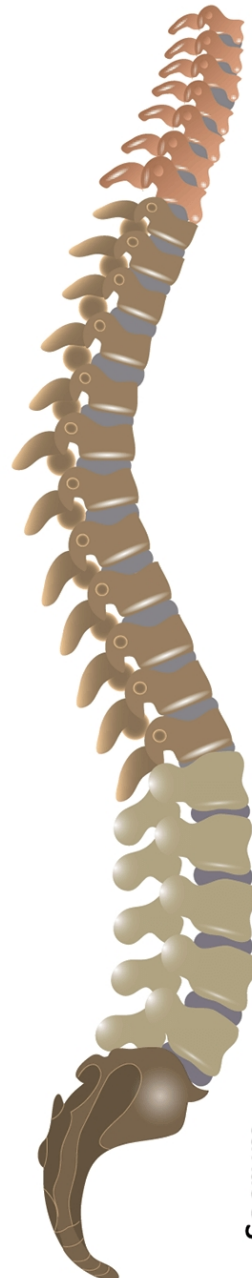
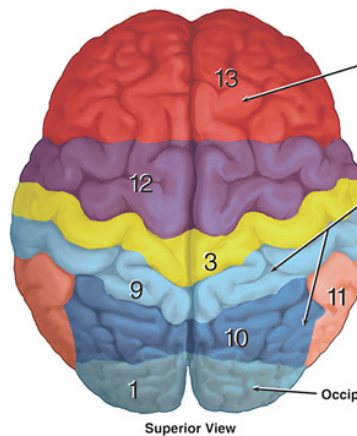
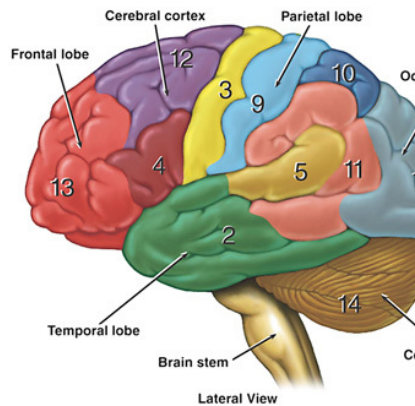






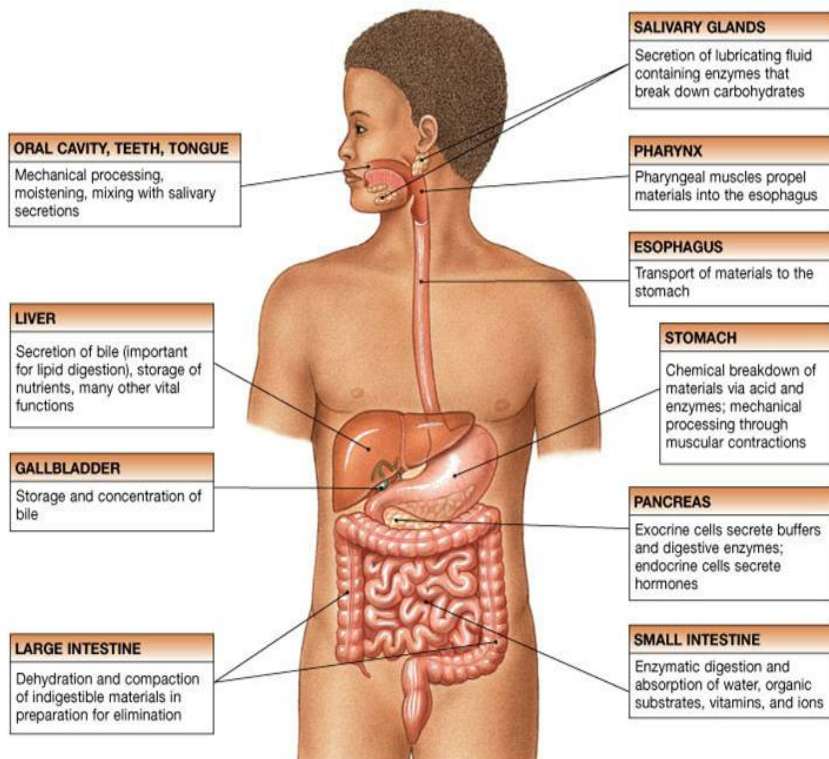
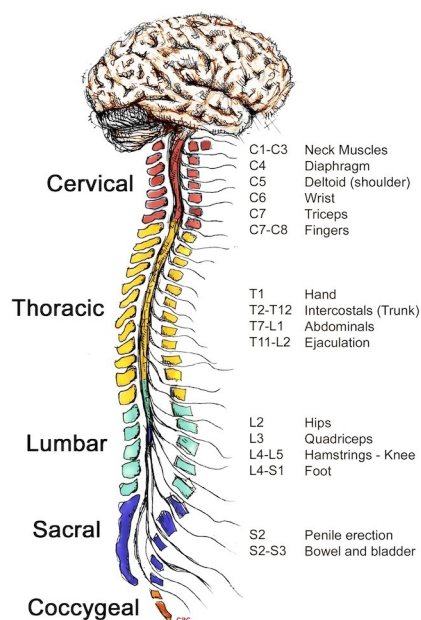
Add heart math

- Functional Areas of the Cerebral Cortex**
- Visual Area:**
Sight
Image recognition
Image perception
 - Association Area**
Short-term memory
Equilibrium
Emotion
 - Motor Function Area**
Initiation of voluntary muscles
 - Broca's Area**
Muscles of speech
 - Auditory Area**
Hearing
 - Emotional Area**
Pain
Hunger
"Fight or flight" response
 - Sensory Association Area**
 - Olfactory Area**
Smelling
 - Sensory Area**
Sensation from muscles and skin
 - Somatosensory Association Area**
Evaluation of weight, texture, temperature, etc. for object recognition
 - Wernicke's Area**
Written and spoken language comprehension
 - Motor Function Area**
Eye movement and orientation
 - Higher Mental Functions**
Concentration
Planning
Judgment
Emotional expression
Creativity
Inhibition
- Functional Areas of the Cerebellum**
- Motor Functions**
Coordination of movement
Balance and equilibrium
Posture



Cervical	
Thoracic	
Lumbar	
Sacrum Coccyx	

citations, yogi rama,



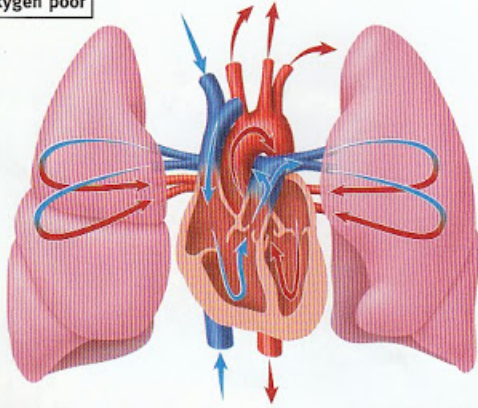
Also replace organ pic with more detailed and

Add wildflowers of cascadia here (move to bio analysis)

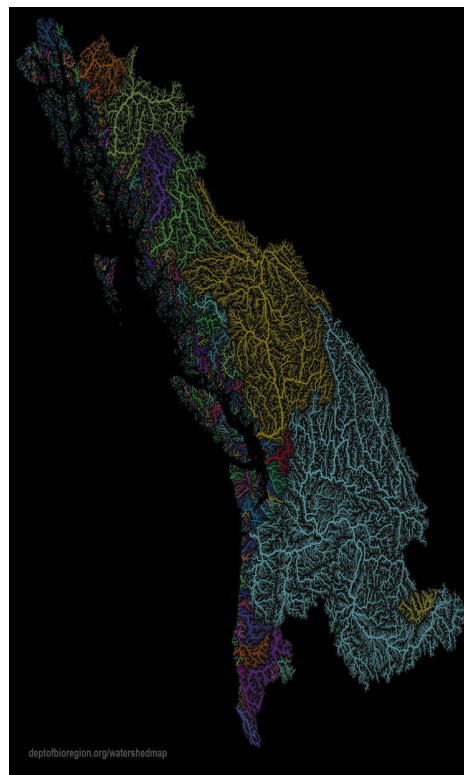
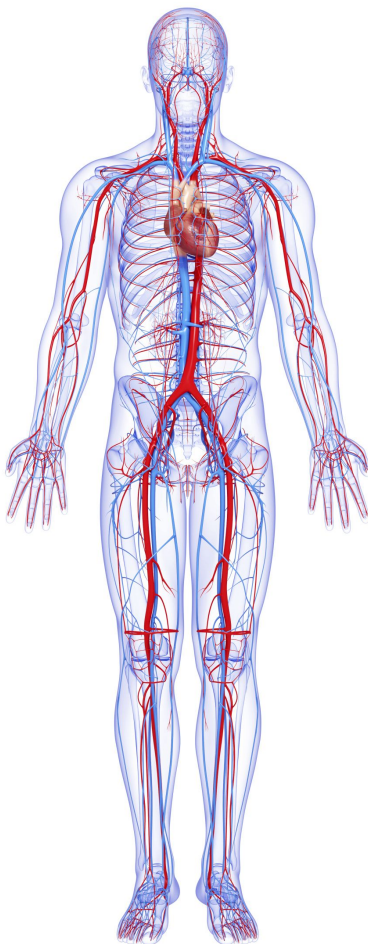
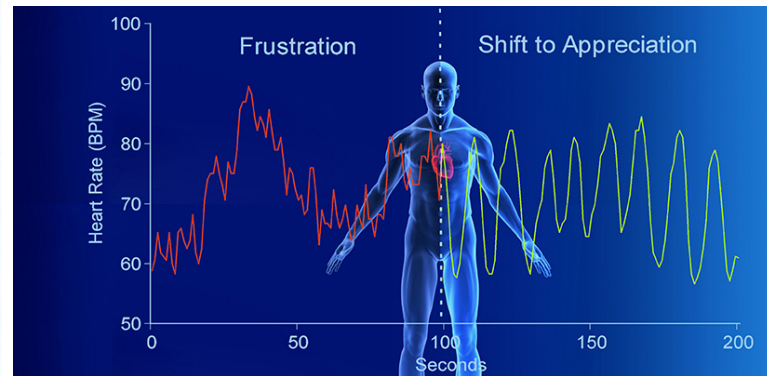
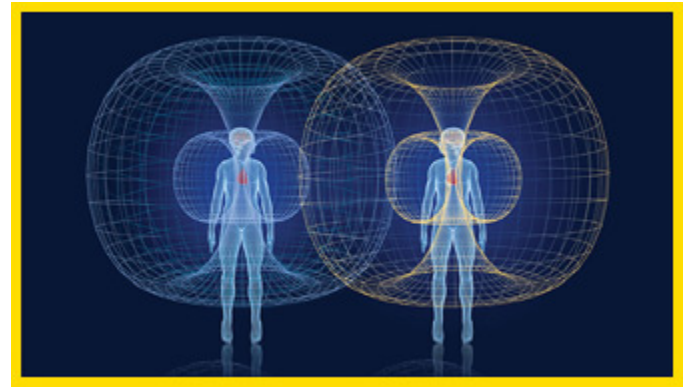
The circulatory and respiratory systems work together to transport oxygen-rich blood throughout the body.

1. Oxygen-rich blood cells travel to the heart from the lungs.
2. The heart pumps enriched blood cells. They travel through arteries to the body.
3. Throughout the body, red blood cells deliver oxygen to cells and remove carbon dioxide.

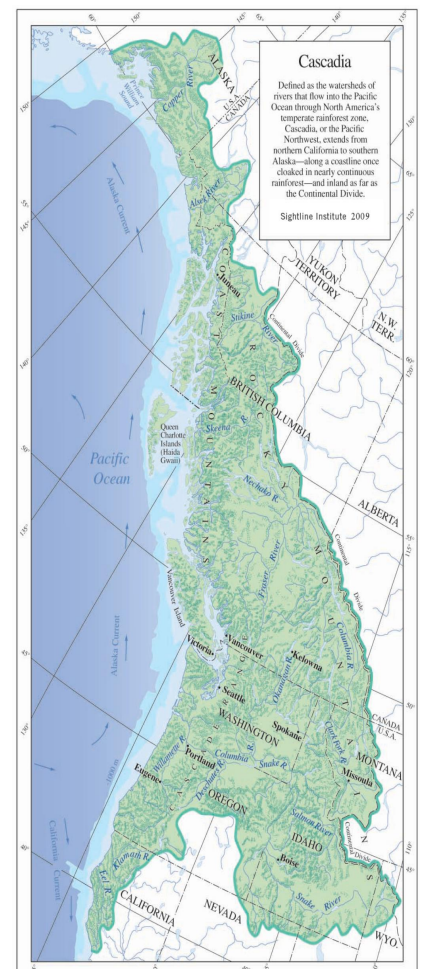
red = oxygen rich
blue = oxygen poor

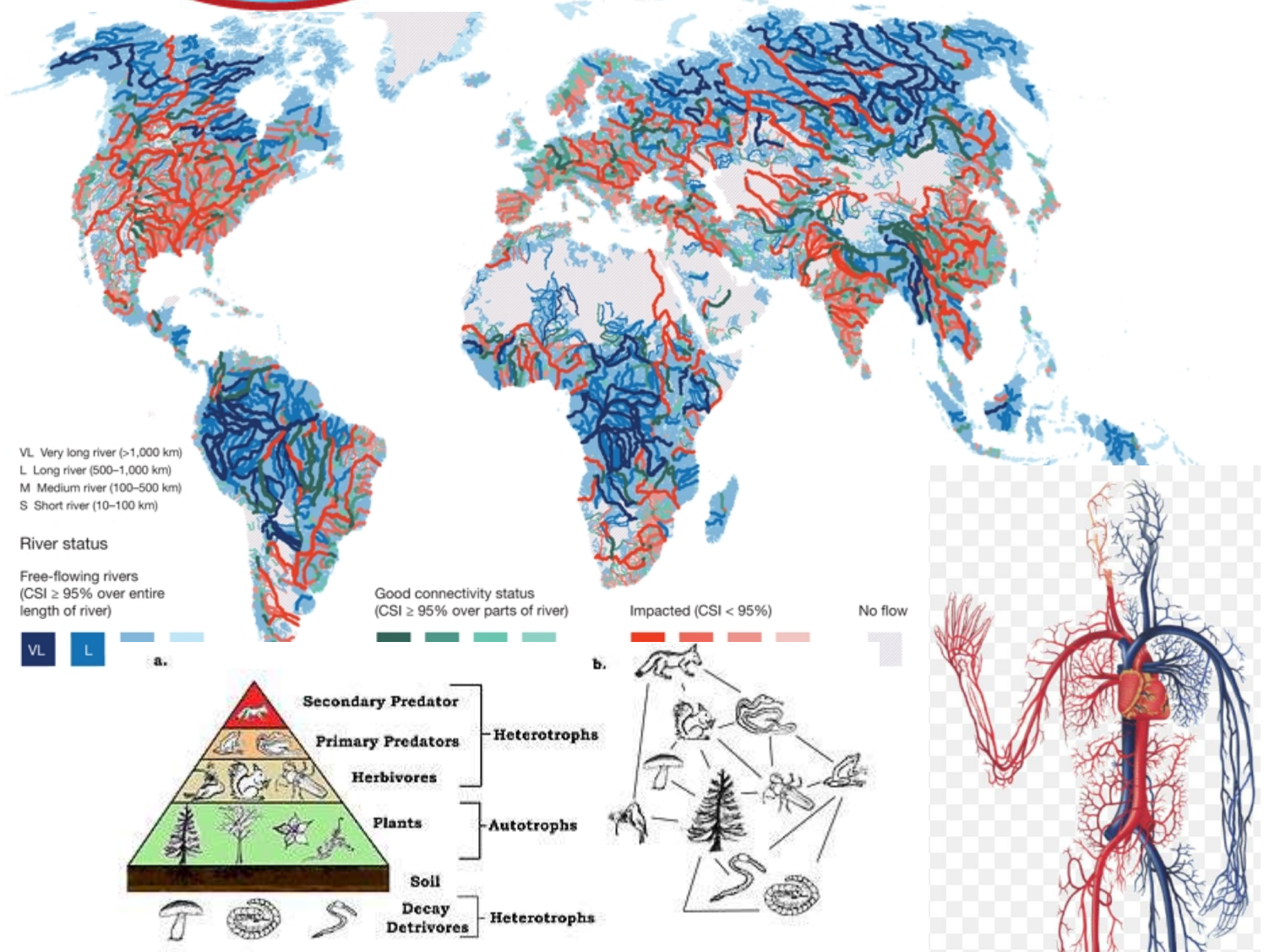
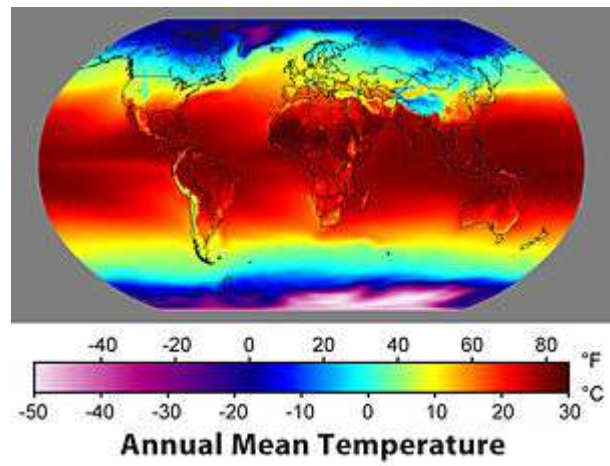
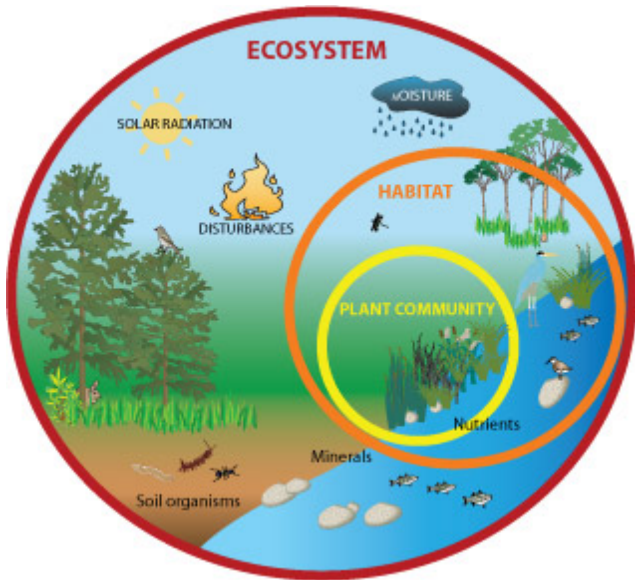


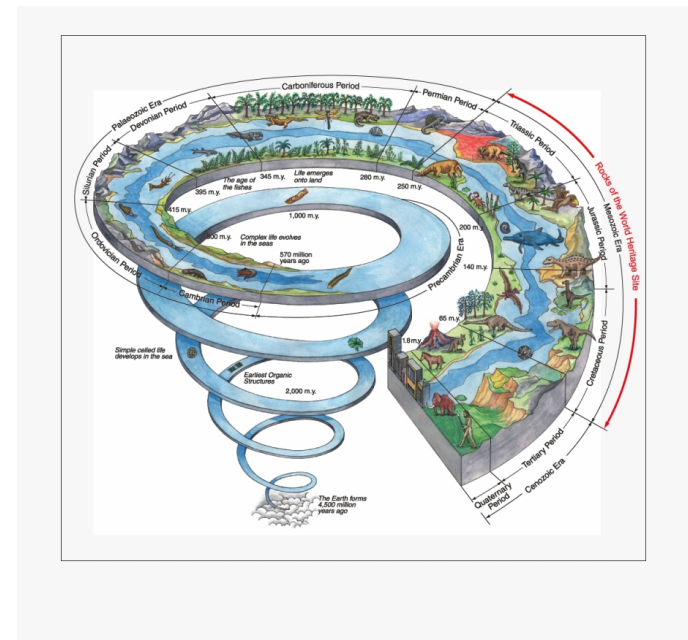
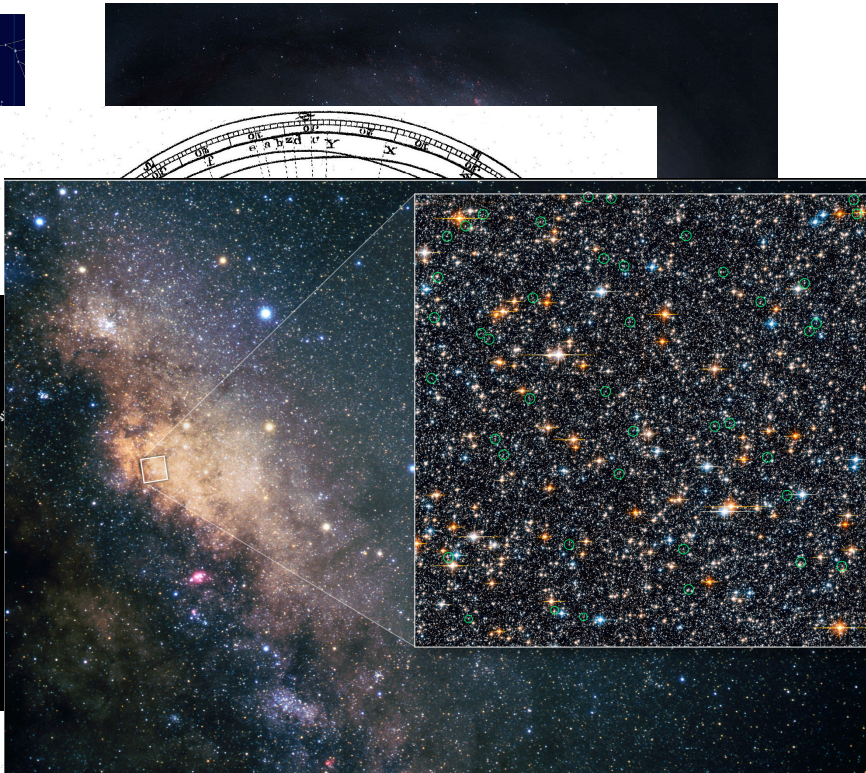
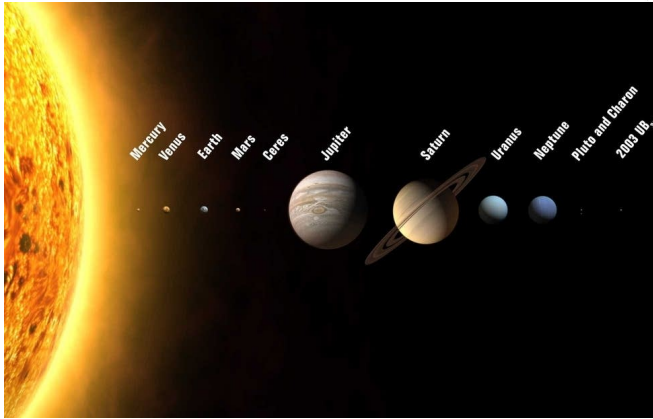
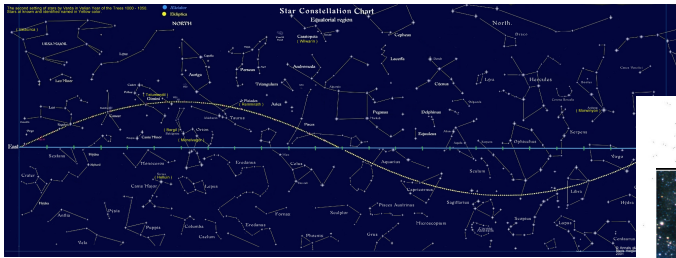
4. Veins carry oxygen-poor blood back to the heart.
5. The heart pumps blood back to the lungs to eliminate carbon dioxide and absorb oxygen.
6. Red blood cells move through the lungs, taking in oxygen and exchanging it for carbon dioxide.



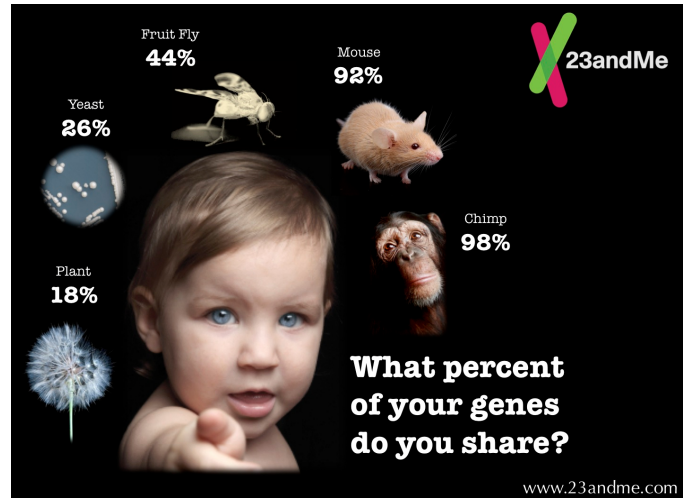
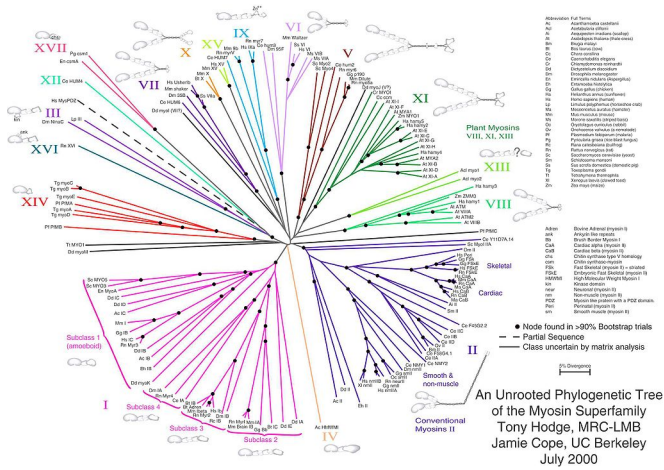
Replace cascadia with larger Pacific temp.



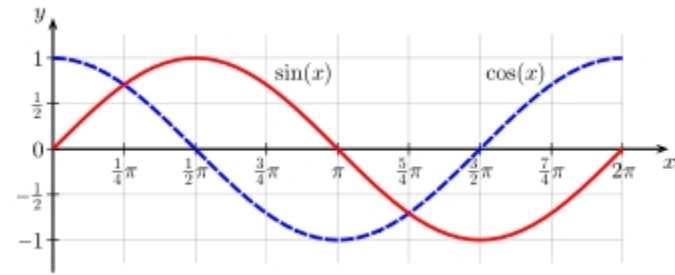
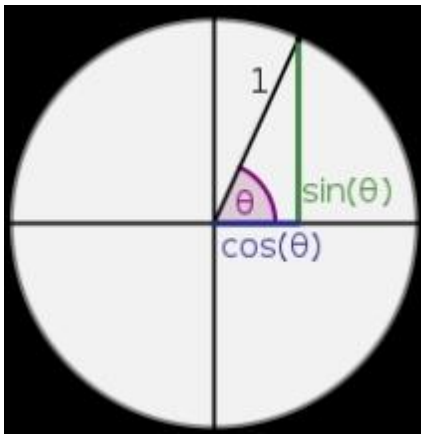
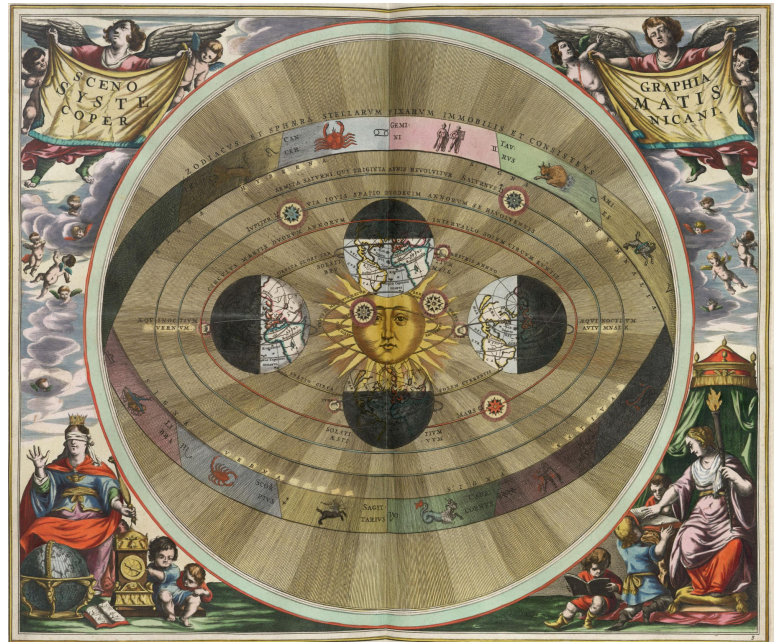
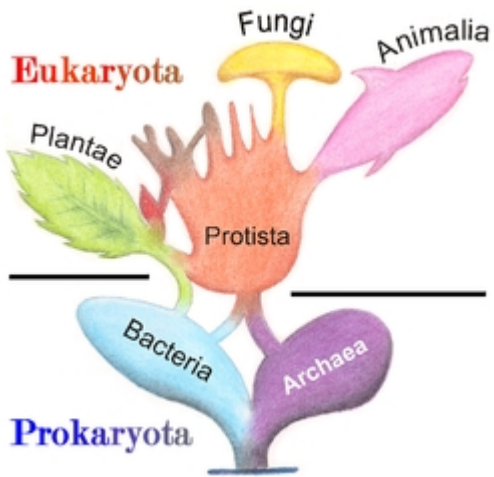




© 2006 Encyclopædia Britannica, Inc.



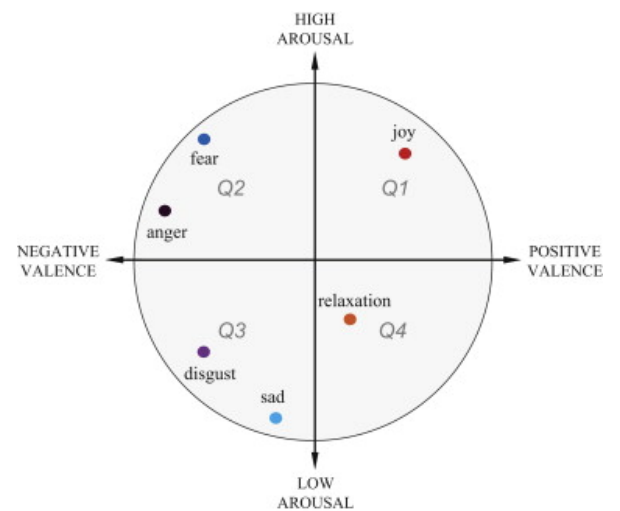
A. Historical Timeline(s)*



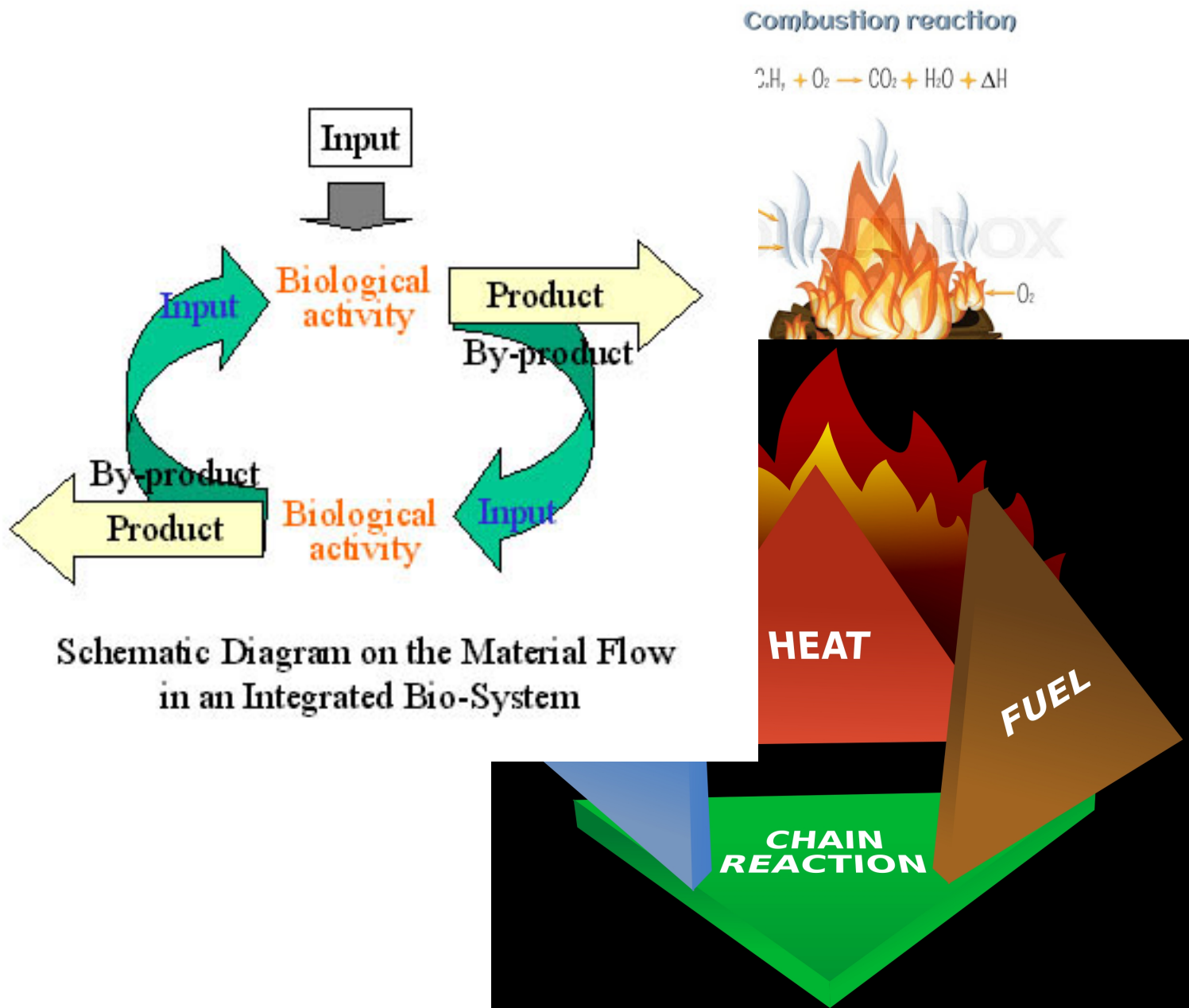
Circumference, and area and volume of a circle and sphere

Quadratic, Pythagorean and sin,

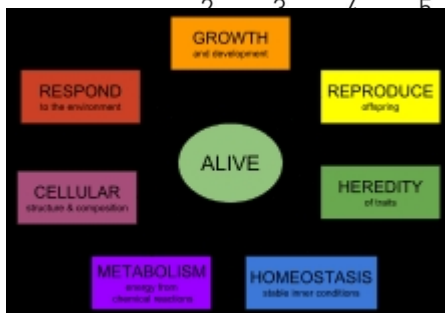
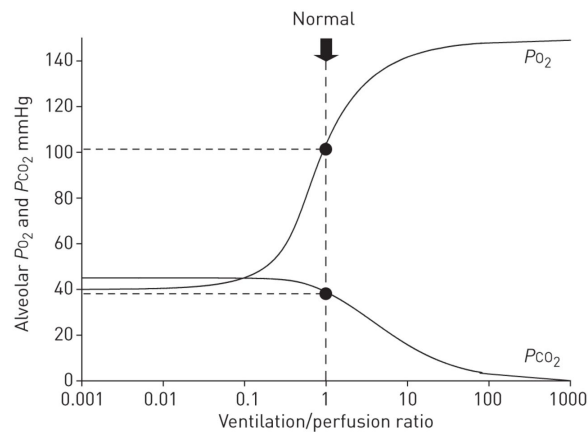
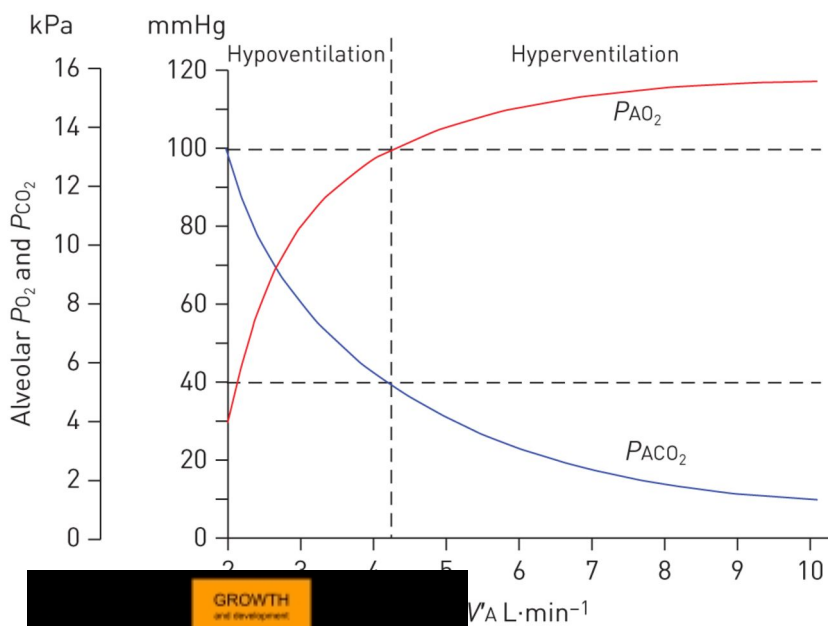
Social contract theory: Hobbes social contract “state of nature as barbarous and cruel” deficient belief in being outside apart from nature pa davis



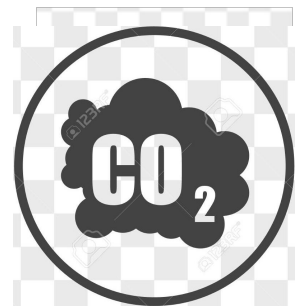
I. The Cave Allegory



Ommitted original storyboard comp of fire, breath, humor, atachment



B. Hierarchy of Needs



Every American Born Will Need...



Self-actualization

desire to become the most that one can be

Esteem

respect, self-esteem, status, recognition, strength, freedom

Love and belonging

friendship, intimacy, family, sense of connection

Safety needs

personal security, employment, resources, health, property

Physiological needs

air, water, food, shelter, sleep, clothing, reproduction

Maslow's hierarchy of needs

i. Physiological Needs





Reference observations schematic diagram, definition for life, cellular and human needs

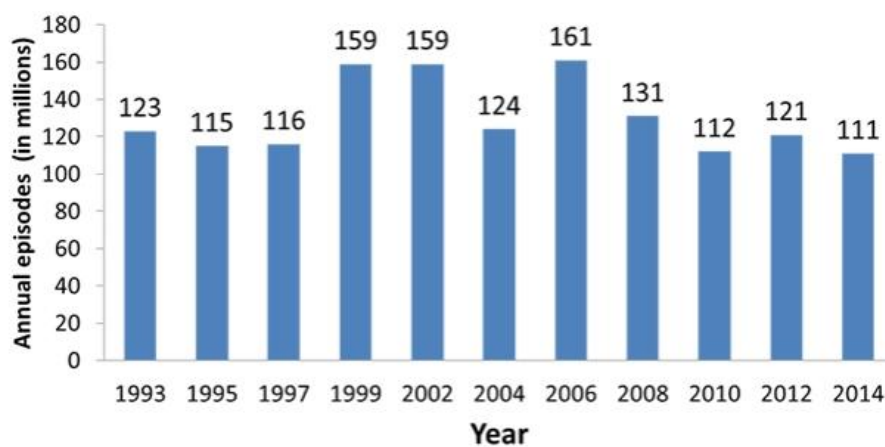
Images of air land food, water, to accompany key stats of war



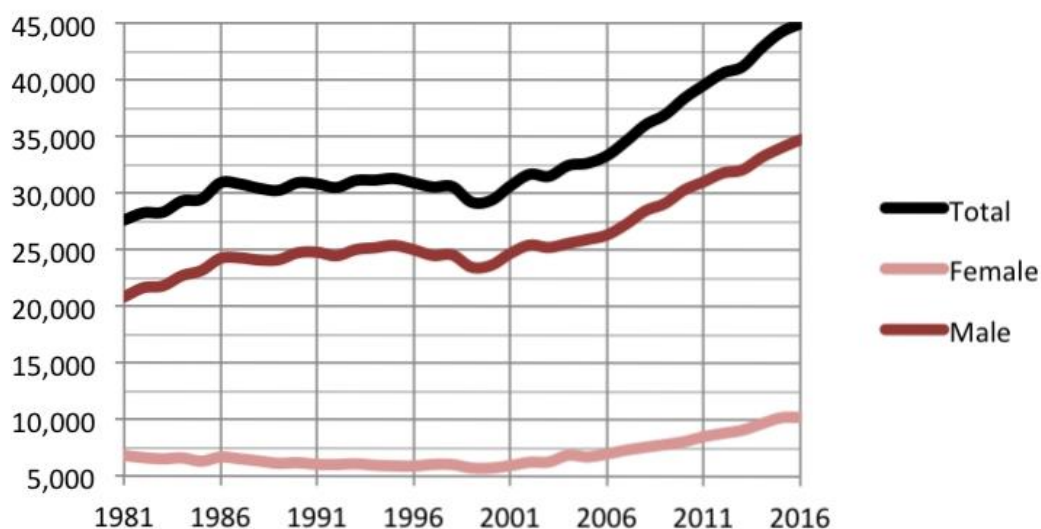


ii. Safety and Security

iii. Love, Belonging and Self-Esteem



Total suicides in the United States, 1981-2016



iv. Self -Realization and Actualization

v. Transcendence

1. Near the end of Marlowe life he contemplated another domain. Which I believe
2. Martin Luther king Jr talked on “if a man doesn’t have something to die for
3. Group research on willingness to die for others
4. Revisit in conclusion [5.c.
5. Lead into social movements with MLK quote

C. Social Movement(s)



D. World Historic Declaration(s)



National Archives and Records Administration

700 Pennsylvania Avenue, NW
Washington, DC 20408-0001

Magna Carta Translation

Translation by Professor Nicholas Vincent, Copyright Sotheby's Inc.

Edward by the grace of God King of England, lord of Ireland and duke of Aquitaine sends greetings to all to whom the present letters come. We have inspected the great charter of the lord Henry, late King of England, our father, concerning the liberties of England in these words:

Henry by the grace of God King of England, lord of Ireland, duke of Normandy and Aquitaine and count of Anjou sends greetings to his archbishops, bishops, abbots, priors, earls, barons, sheriffs, reeves, ministers and all his faithful and faithful men inspecting the present charter. Know that we, at the prompting of God and for the health of our soul and the souls of our ancestors and successors, for the glory of holy Church and the improvement of our realm, freely and out of our good will have given and granted to the archbishops, bishops, abbots, priors, earls, barons and all of our realm these liberties written below to hold in our realm of England in perpetuity.

(1) In the first place we grant to God and confirm by this our present charter for ourselves and our heirs in perpetuity that the English Church is to be free and to have all its rights fully and its liberties entirely. We furthermore grant and give to all the freemen of our realm for ourselves and our heirs in perpetuity the liberties written below to have and to hold to them and their heirs from us and our heirs in perpetuity.

(2) If any of our earls or barons, or anyone else holding from us in chief by military service should die, and should his heir be of full age and owe relief, the heir is to have his inheritance for the ancient relief, namely the heir or heirs of an earl for a whole county £100, the heir or heirs of a baron for a whole barony 100 marks, the heir or heirs of a knight for a whole knight's fee 100 shillings at most, and he who owes less will give less, according to the ancient custom of (knights') fees.

(3) If, however, the heir of such a person is under age, his lord is not to have custody of him and his land until he has taken homage from the heir, and after such an heir has been in custody, when he comes of age, manly at twenty-one years old, he is to have his inheritance without relief and without fine, saving that if, whilst under age, he is made a knight, his land will nevertheless remain in the custody of his lords until the aforesaid term.

(4) The keeper of the land of such an heir who is under age is only to take reasonable receipts from the heir's land and reasonable customs and reasonable services, and this without destruction or waste of men or things. And if we assign custody of any such land to a sheriff or to anyone else who should survive to us for the issues, and such a person should commit destruction or waste, we will take recompense from him and the land will be assigned to two law-worthy and discreet men of that fee who will answer to us or to the person to whom we assign such land for the land's issues. And if we give or sell to anyone custody of any such land and that person commits destruction or waste, he

NARA's web site is <http://www.archives.gov>

The Bill of Rights

Handout 3: Bill of Rights
Ratified by the states on December 15, 1791

Preamble
Congress of the United States begun and held at the City of New-York, on Wednesday the fourth of March, one thousand seven hundred and eighty nine.

THE Conventions of a number of the States, having at the time of their adopting the Constitution, expressed their desire, in order to prevent misconstruction or abuse of its powers, that further declaratory and restrictive clauses should be added: And as extending the ground of public confidence in the Government, will best ensure the beneficent ends of its institution.

RESOLVED by the Senate and House of Representatives of the United States of America, in Congress assembled, two thirds of both Houses concurring, that the following Articles be proposed to the Legislatures of the several States, as amendments to the Constitution of the United States, all, or any of which Articles, when ratified by three fourths of the said Legislatures, to be valid to all intents and purposes, as part of the said Constitution; viz.

ARTICLES in addition to, and Amendment of the Constitution of the United States of America, proposed by Congress, and ratified by the Legislatures of the several States, pursuant to the fifth Article of the original Constitution.

Amendment I

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.

Amendment II

A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed.

Amendment III

No Soldier shall, in time of peace be quartered in any house, without the consent of the Owner, nor in time of war, but in a manner to be prescribed by law.

Amendment IV

The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no Warrants shall issue, but

Center for Legislative Archives
National Archives and Records Administration
www.archives.gov/legislative

SLAVERY AND INVOLUNTARY SERVITUDE

THIRTEENTH AMENDMENT

SECTION 1. Neither slavery nor involuntary servitude, except as a punishment for crime whereof the party shall have been duly convicted, shall exist within the United States, or any place subject to their jurisdiction.

SECTION 2. Congress shall have power to enforce this article by appropriate legislation.

RIGHT OF CITIZENS TO VOTE

FIFTEENTH AMENDMENT

SECTION 1. The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of race, color, or previous condition of servitude.

SECTION 2. The Congress shall have power to enforce this article by appropriate legislation.

ABOLITION OF SUFFRAGE QUALIFICATIONS ON BASIS OF RACE

Adoption and Judicial Enforcement

Adoption.—The final decision of Congress not to include anything relating to the right to vote in the Fourteenth Amendment, aside from the provisions of § 2, left the issue of African American suffrage solely with the States, and Northern States were generally as loath as Southern to grant the ballot to African Americans both

Declaration of Independence: A Transcription

Note: The following text is a transcription of the Stone Engraving of the parchment Declaration of Independence (the document on display in the Rotunda at the National Archives Museum.) The spelling and punctuation reflects the original.

In Congress, July 4, 1776.

The unanimous Declaration of the thirteen united States of America, When in the Course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another, and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation.

We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.—That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed,—That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Safety and Happiness. Prudence, indeed, will dictate that Governments long established should not be changed for light and transient causes; and accordingly all experience hath shewn, that mankind are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed. But when a long train of abuses and usurpations, pursuing invariably the same Object evinces a design to reduce them under absolute Despotism, it is their right, it is their duty, to throw off such Government, and to provide new Guards for their future security.—Such has been the patient sufferance of these Colonies; and such is now the necessity which constrains them to alter their former Systems of Government. The history of the present King of Great Britain is a history of repeated injuries and usurpations, all having in direct object the establishment of an absolute Tyranny over these States. To prove this, let Facts be submitted to a candid world.

He has refused his Assent to Laws, the most wholesome and necessary for the

The Emancipation Proclamation
January 1, 1863

A Transcription

By the President of the United States of America:

A Proclamation.

Whereas, on the twenty-second day of September, in the year of our Lord one thousand eight hundred and sixty-two, a proclamation was issued by the President of the United States, containing, among other things, the following, to wit:

"That on the first day of January, in the year of our Lord one thousand eight hundred and sixty-three, all persons held as slaves within any State or designated part of a State, the people whereof shall then be in rebellion against the United States, shall be then, thenceforward, and forever free; and the Executive Government of the United States, including the military and naval authority thereof, will recognize and maintain the freedom of such persons, and will do no act or acts to repress such persons, or any of them, in any efforts they may make for their actual freedom.

"That the Executive will, on the first day of January aforesaid, by proclamation, designate the States and parts of States, if any, in which the people thereof, respectively, shall then be in rebellion against the United States; and the fact that any State, or the people thereof, shall on that day be, in good faith, represented in the Congress of the United States by members chosen thereto at elections whereof a majority of the qualified voters of such State shall have participated, shall, in the absence of strong contravailing testimony, be deemed conclusive evidence that such State, and the people thereof, are not then in rebellion against the United States."

Now, therefore I, Abraham Lincoln, President of the United States, by virtue of the power in me vested as Commander-in-Chief, of the Army and Navy of the United States in time of actual armed rebellion against the authority and government of the United States, and as a fit and necessary war measure for suppressing said rebellion, do, on this first day of January, in the year of our Lord one thousand eight hundred and sixty-three, and in accordance with my purpose so to do publicly proclaimed for the full period of one hundred days, from the day first above mentioned, order and designate as the States and parts of States wherein the people thereof respectively, are this day in rebellion against the United States, the following, to wit:

Arkansas, Texas, Louisiana, (except the Parishes of St. Bernard, Plaquemines, Jefferson, St. John, St. Charles, St. James Ascension, Assumption, Terrebonne, Lafourche, St. Mary, St. Martin, and Orleans, including the City of New Orleans) Mississippi, Alabama, Florida, Georgia, South Carolina, North Carolina, and Virginia, (except the forty-eight counties designated as West Virginia, and also the counties of Berkeley, Accomac, Northampton, Elizabeth City, York, Princess Anne, and Norfolk, including the cities of Norfolk and Portsmouth), and which excepted parts, are for the present, left precisely as if this proclamation were not issued.

NINETEENTH AMENDMENT

SECTION 1. The right of the citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of sex.

SECTION 2. Congress shall have power to enforce this article by appropriate legislation.

FORTY-SECOND CONGRESS. SESS. I. CH. 22. 1871.

CHAP. XXII.—An Act to enforce the Provisions of the Fourteenth Amendment to the April 20, 1871.

Enacted by the Senate and House of Representatives of the United States of America in Congress assembled, That any person who, under any color of any law, statute, ordinance, regulation, custom, or usage of any State, depriving another of any right, shall, if such person, or any person acting in concert with him, shall, in any such law, statute, ordinance, regulation, custom, or usage of any State, be liable to the contrary notwithstanding, be liable to the party injured in any action at law, suit in equity, or other proper proceeding for redress: such proceeding to be prosecuted in the several district or circuit courts of the United States, with and without the removal of the case to the Supreme Court of the United States.

CONSTITUTION OF THE UNITED STATES

We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquillity, provide for the common defence, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.

Article. I.

Section. 1. All legislative Powers herein granted shall be vested in a Congress of the United States, which shall consist of a Senate and House of Representatives.

Section. 2. The House of Representatives shall be composed of Members chosen every second Year by the People of the several States, and the Electors in each State shall have the Qualifications requisite for Electors of the most numerous Branch of the State Legislature.

No Person shall be a Representative who shall not have attained to the age of twenty five Years, and been seven Years a Citizen of the United States, and who shall not, when elected, be an Inhabitant of that State in which he shall be chosen.

Representatives and direct Taxes shall be apportioned among the several States which may be included within this Union, according to their respective Numbers, which shall be determined by adding to the whole Number of free Persons, including those bound to Service for a Term of Years, and excluding Indians not taxed, three fifths of all other Persons. The actual Enumeration shall be made within three Years after the first Meeting of the Congress of the United States, and within

Declaration of the Rights of the Child, G.A. res. 1386 (XIV), 14 U.N. GAO/ Supp. (No. 16) at 19, U.N. Doc. A/4354 (1959).

PREAMBLE

Whereas the peoples of the United Nations have, in the Charter, reaffirmed their faith in fundamental human rights and in the dignity and worth of the human person, and have determined to promote social progress and better standards of life in larger freedom,

Whereas the United Nations has, in the Universal Declaration of Human Rights, proclaimed that everyone is entitled to all the rights and freedoms set forth therein, without distinction of any kind, such as race, colour, sex, language, religion, political or other opinion, national or social origin, property, birth or other status,

Whereas the child, by reason of his physical and mental immaturity, needs special safeguards and care, including appropriate legal protection, before as well as after birth

Whereas the need for such special safeguards has been stated in the Geneva Declaration of the Rights of the Child of 1924, and recognized in the Universal Declaration of Human Rights and in the statutes of specialized agencies and international organizations concerned with the welfare of children,

Whereas mankind owes to the child the best it has to give,

Now therefore,

The General Assembly

Proclaims this Declaration of the Rights of the Child to the end that he may have a happy childhood and enjoy for his own good and for the good of society the rights and freedoms herein set forth, and calls upon parents, upon men and women as individuals, and upon voluntary organizations, local authorities and national Governments to recognize the rights and strive for their observance by legislative and other measures progressively taken in accordance with the following principles:

GA/COMP/CIVILRTS/CIVIL RIGHTS ACT OF 1964.XML

The child shall enjoy all the rights set forth in this Declaration. Every child, without any exception whatsoever, shall be entitled to these rights, without distinction or discrimination on account of race, colour, sex, language, religion, political or other opinion, national or social origin, property, birth or other status, whether of himself or his family.

Principle 2

CIVIL RIGHTS ACT OF 1964

[Public Law 88-352; 78 Stat. 241]

[As Amended Through P.L. 114-95, Enacted December 10, 2015]

[Currency: This publication is a compilation of the text of Public Law 88-352. It was last amended by the public law listed in the As Amended Through note above and below at the bottom of each page of the pdf version and reflects current law through the date of the enactment of the public law listed at <https://www.govinfo.gov/app/collection/comp>.]

[Note: While this publication does not represent an official version of any Federal statute, substantial efforts have been made to ensure the accuracy of its contents. The official version of Federal law is found in the United States Statutes at Large and in the United States Code. The legal effect to be given to the Statutes at Large and the United States Code is established by statute (1 U.S.C. 112, 204).]

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled, That this Act may be cited as the "Civil Rights Act of 1964."

SEC. 101. [Amends § 2004 of the Revised Statutes (42 U.S.C. 1971), as amended by § 131 of the Civil Rights Act of 1957, and as further amended by § 601 of the Civil Rights Act of 1960.]

TITLE II—INJUNCTIVE RELIEF AGAINST DISCRIMINATION IN PLACES OF PUBLIC ACCOMMODATION

SEC. 201. [42 U.S.C. 2000a] (a) All persons shall be entitled to the full and equal enjoyment of the goods, services, facilities, privileges, advantages, and accommodations of any place of public accommodation, as defined in this section, without discrimination or segregation on the ground of race, color, religion, or national origin.

(b) Each of the following establishments which serves the public is a place of public accommodation within the meaning of this title if its operations affect commerce, or if discrimination or segregation by it is supported by State action:

(1) any inn, hotel, motel, or other establishment which provides lodging to transient guests, other than an establishment located within a building which contains not more than five rooms for rent or hire and which is actually occupied by the proprietor of such establishment as his residence;

(2) any restaurant, cafeteria, luncheon, lunch counter, soda fountain, other facility principally engaged in selling food for consumption on the premises, including but not limited to

The President of the United States of America and the Prime Minister, Mr. Churchill, representing His Majesty's Government in the United Kingdom, being met together, deem it right to make known certain common principles in the national policies of their respective countries on which they base their hopes for a better future for the world.

First, their countries seek no aggrandizement, territorial or other;

Second, they desire to see no territorial changes that do not accord with the freely expressed wishes of the peoples concerned;

Third, they respect the right of all peoples to choose the form of government under which they will live; and they wish to see sovereign rights and self government restored to those who have been forcibly deprived of them;

Fourth, they will endeavor, with due respect for their existing obligations, to further the enjoyment by all States, great or small, victor or vanquished, of access, on equal terms, to the trade and to the raw materials of the world which are needed for their economic prosperity;

Fifth, they desire to bring about the fullest collaboration between all nations in the economic field with the object of securing, for all, improved labor standards, economic advancement and social security;

Sixth, after the final destruction of the Nazi tyranny, they hope to see established a peace which will afford to all nations the means of dwelling in safety within their own boundaries, and which will afford assurance that all the men in all the lands may live out their lives in freedom from fear and want;

Seventh, such a peace should enable all men to traverse the high seas and oceans without hindrance;

Eighth, they believe that all of the nations of the world, for realistic as well as spiritual reasons must come to the abandonment of the use of force. Since no future peace can be maintained if land, sea or air armaments continue to be employed by nations which threaten, or may threaten, aggression outside of their frontiers, they believe, pending the establishment of a wider and permanent system of general security, that the disarmament of such nations is essential. They will likewise aid and encourage all other practicable measures which will lighten for peace-loving peoples the crushing burden of armaments.

Franklin D. Roosevelt
Winston S. Churchill

THE NUREMBERG CODE

- The voluntary consent of the human subject is absolutely essential.
This means that the person involved should have legal capacity to give consent; should be so situated as to be able to exercise free power of choice, without the intervention of any element of force, fraud, deceit, duress, over-reaching, or other ulterior form of constraint or coercion; and should have sufficient knowledge and comprehension of the elements of the subject matter involved, as to enable him to make an understanding and enlightened decision. This latter element requires that before the acceptance of an affirmative decision by the experimental subject, there should be made known to him the nature, duration, and purpose of the experiment; the method and means by which it is to be conducted; all inconveniences and hazards reasonably to be expected; and the effects upon his health or person, which may possibly come from his participation in the experiment.
The duty and responsibility for ascertaining the quality of the consent rests upon each individual who initiates, directs or engages in the experiment. It is a personal duty and responsibility which may not be delegated to another with impunity.
- The experiment should be such as to yield fruitful results for the good of society, unprocured by other methods or means of study, and not random and unnecessary in nature.
- The experiment should be designed and based on the results of animal experimentation and a knowledge of the natural history of the disease or other problem under study, that the anticipated results will justify the performance of the experiment.
- The experiment should be so conducted as to avoid all unnecessary physical and mental suffering and injury.
- No experiment should be conducted, where there is an a priori reason to believe that death or disabling injury will occur, except, perhaps, in those experiments where the experimental physicians also serve as subjects.
- The degree of risk to be taken should never exceed that determined by the humanitarian importance of the problem to be solved by the experiment.
- Proper preparations should be made and adequate facilities provided to protect the experimental subject against even remote possibilities of injury, disability, or death.
- The experiment should be conducted only by scientifically qualified persons. The highest degree of skill and care should be required through all stages of the experiment of those who conduct or engage in the experiment.
- During the course of the experiment, the human subject should be at liberty to bring the experiment to an end, if he has reached the physical or mental state, where continuation of the experiment at any stage, if he has probable cause to believe, in the exercise of the good faith, superior skill and careful judgement required of him, that a continuation of the experiment is likely to result in injury, disability, or death to the experimental subject.
- During the course of the experiment, the scientist in charge must be prepared to terminate the experiment at any stage, if he has probable cause to believe, in the exercise of the good faith, superior skill and careful judgement required of him, that a continuation of the experiment is likely to result in injury, disability, or death to the experimental subject.

[Trials of War Criminals before the Nuremberg Military Tribunals under Control Council Law No. 10; Vol. 2, pp. 181-182. Washington, D.C.: U.S. Government Printing Office, 1949.]

CIVIL RIGHTS ACT OF 1964

[Public Law 88-352; 78 Stat. 241]

[As Amended Through P.L. 114-95, Enacted December 10, 2015]

[Current: This publication is a compilation of the text of Public Law 88-352. It was last amended by the public law listed in the Amended Through note above and below at the bottom of each page of the pdf version and reflects current law through the date of the enactment of the public law listed at <https://www.govinfo.gov/app/collection/compl>]

[Note: While this publication does not represent an official version of any Federal statute, substantial efforts have been made to ensure the accuracy of its contents. The official version of Federal law is found in the United States Statutes at Large and in the United States Code. The legal effect is to give the Statutes at Large and the United States Code the same force and effect as the laws of the United States.]
Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled, That this Act may be cited as the "Civil Rights Act of 1964."

SEC. 101. [Amends § 2004 of the Revised Statutes (42 U.S.C. 1971), as amended by § 131 of the Civil Rights Act of 1957, and as further amended by § 601 of the Civil Rights Act of 1960.]

TITLE II.—INJUNCTIVE RELIEF AGAINST DISCRIMINATION IN PLACES OF PUBLIC ACCOMMODATION

SEC. 201. [42 U.S.C. 2000a.] (a) All persons shall be entitled to the full and equal enjoyment of the goods, services, facilities, privileges, advantages, and accommodations of any place of public accommodation, as defined in this section, without discrimination or segregation on the ground of race, color, religion, or national origin.

(b) Each of the following establishments which serves the public is a place of public accommodation within the meaning of this title if its operations affect commerce, or if discrimination or segregation by it is supported by State action:

- (1) any inn, hotel, motel, or other establishment which provides lodging to transient guests, other than an establishment located within a building which contains not more than five rooms for rent or hire and which is actually occupied by the proprietor of such establishment as his residence;
- (2) any restaurant, cafeteria, luncheon, lunch counter, soda fountain, other facility principally engaged in selling food for consumption on the premises, including but not limited to, any such facility located on the premises of any retail establishment; or any gasoline station;
- (3) any motion picture house, theater, concert hall, sports arena, stadium or other place of exhibition or entertainment; and
- (4) any establishment (A)(i) which is physically located within the premises of any establishment otherwise covered by

1

As Amended Through P.L. 114-95, Enacted December 10, 2015

Conscious Business Declaration

IA New Standard for Business in the 21st Century

As a global community of business leaders we are committed to developing the awareness and skills needed to consciously evolve our organizations in alignment with these principles:

1. We are One with humanity and all of life. Business and all institutions of the human community are integral parts of a single reality — interrelated, interconnected and interdependent.
2. In line with this reality, the purpose of Business is to increase economic prosperity while contributing to a healthy environment and improving human wellbeing.
3. Business must go beyond sustainability and the philosophy of "do no harm" to restoring the self-renewing integrity of the Earth.
4. Business must operate with economic, social, and ecological transparency.
5. Business must behave as a positive and proactive member of the local and global communities in which it operates.
6. Business that sees, honors, and celebrates the essential interconnected nature of all human beings and all life maximizes human potential and helps create a world that works for all.
7. When aligned with Oneness, Business is the most powerful engine on Earth for creating prosperity and flourishing for all.

United Nations

General Assembly

Resolutions

Agenda item 31

RESOLUTIONS ADOPTED BY THE GENERAL ASSEMBLY

[without reference to a Main Committee (A/54/L.7/1)]

53/243. Declaration and Programme of Action on a Culture of Peace

A

DECLARATION ON A CULTURE OF PEACE

The General Assembly

Recalling the Charter of the United Nations, including the purposes and principles embodied therein;

Recalling also the Constitution of the United Nations Educational, Scientific and Cultural Organization, which states that "since wars begin in the minds of men, it is in the minds of men that the defenses of peace must be constructed";

Recalling further the Universal Declaration of Human Rights and other relevant international instruments of the United Nations system;

Recognizing that peace not only is the absence of conflict, but also requires a positive, dynamic participatory process where dialogue is encouraged and conflicts are solved in a spirit of mutual understanding and cooperation;

United Nations

General Assembly

Resolutions

Agenda item 31

RESOLUTIONS ADOPTED BY THE GENERAL ASSEMBLY

[without reference to a Main Committee (A/53/L.7/1)]

53/243. Declaration and Programme of Action on a Culture of Peace

A

DECLARATION ON A CULTURE OF PEACE

B

PROGRAMME OF ACTION ON A CULTURE OF PEACE

CHARTER OF THE UNITED NATIONS

WE THE PEOPLES OF THE UNITED NATIONS DETERMINED

to save succeeding generations from the scourge of war, which twice in our lifetime has brought untold sorrow to mankind, and

to reaffirm faith in fundamental human rights, in the dignity and worth of the human person, in the equal rights of men and women and of nations large and small, and

to establish conditions under which justice and respect for the obligations arising from treaties and other sources of international law can be maintained, and to promote social progress and better standards of life in larger freedom,

AND FOR THESE ENDS

to practice tolerance and live together in peace with one another as good neighbors, and

to unite our strength to maintain international peace and security, and

to ensure, by the acceptance of principles and the institution of methods, that armed force shall not be used, save in the common interest, and

to employ international machinery for the promotion of the economic and social advancement of all peoples,

HAVE RESOLVED TO COMBINE OUR EFFORTS TO ACCOMPLISH THESE AIMS.

Accordingly, our respective Governments, through representatives assembled in the city of San Francisco, who have exhibited their full powers found to be in due form, have agreed to the present Charter of the United Nations and hereby establish an international organization to be known as the United Nations

An Overview of the Americans with Disabilities Act

The Americans with Disabilities Act (ADA), enacted in 1990, is a civil rights law that prohibits discrimination against individuals with disabilities in all areas of public life, including jobs, schools, transportation, and all public and private places that are open to the general public. The ADA is divided into five titles (or sections) that relate to different areas of public life.

Title I - Employment

- Designed to help people with disabilities access the same employment opportunities and benefits available to people without disabilities.
- Applies to employers with 15 or more employees.
- Requires employers to provide reasonable accommodations to qualified applicants or employees. A "reasonable accommodation" is a change that does not cause the employer "undue hardship" (too much difficulty or expense).
- Defines disability, establishes guidelines for the reasonable accommodation process, addresses medical examinations and inquiries, and defines "direct threat" when there is risk of substantial harm to the health or safety of the individual employee with a disability or others.
- Regulated and enforced by the U.S. Equal Employment Opportunity Commission. <http://www.eeoc.gov/laws/types/disability.cfm>

Title II - Public Services: State and Local Government

- Prohibits discrimination on the basis of disability by "public entities," which are programs, services and activities operated by state and local governments.
- Requires public entities (programs, services and activities operated by state and local governments) to be accessible to individuals with disabilities.
- Outlines requirements for self-evaluation and planning; making reasonable modifications to policies, practices, and procedures where necessary to avoid discrimination; identifying architectural barriers; and communicating effectively with people with hearing, vision and speech disabilities.
- Regulated and enforced by the U.S. Department of Justice. <http://www.ada.gov>

Title III - Public Accommodations and Services Operated by Private Entities

- Prohibits places of public accommodation from discriminating against individuals with disabilities. Public accommodations include privately-owned, leased or operated facilities like hotels, restaurants, retail merchants, doctors' offices, golf courses, private schools, sports stadiums, theaters, and so on.
- Sets the minimum standards for accessibility for alterations, new construction and barrier removal.

www.adata.org

1

2015

UNIVERSAL DECLARATION OF THE RIGHTS OF MOTHER EARTH April 22, 2010

World People's Conference on Climate Change
and the Rights of Mother Earth
Cochabamba, Bolivia

Preamble

We, the peoples and nations of Earth:

considering that we are all part of Mother Earth, an indivisible, living community of interrelated and interdependent beings with a common destiny;

gratefully acknowledging that Mother Earth is the source of life, nourishment and learning and provides everything we need to live well;

recognizing that the capitalist system and all forms of depredation, exploitation, abuse and contamination have caused great destruction, degradation and disruption of Mother Earth, putting life as we know it today at risk through phenomena such as climate change;

convinced that in an interdependent living community it is not possible to recognize the rights of only human beings without causing an imbalance within Mother Earth;

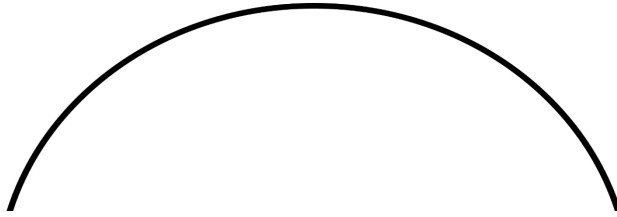
affirming that to guarantee human rights it is necessary to recognize and defend the rights of Mother Earth and all beings in her and that there are existing cultures, practices and laws that do so;

conscious of the urgency of taking decisive, collective action to transform structures and systems that cause climate change and other threats to Mother Earth;

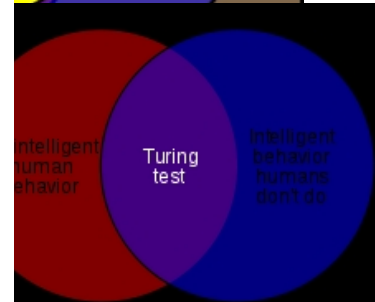
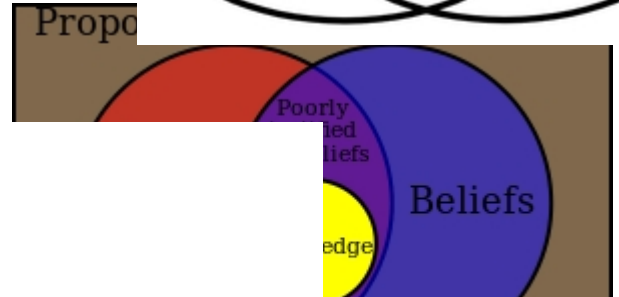
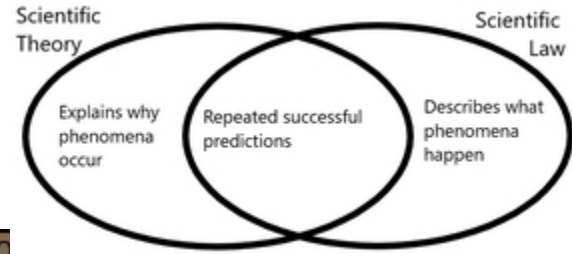
proclaim this Universal Declaration of the Rights of Mother Earth, and call on the General Assembly of the United Nations to adopt it, as a common standard of achievement for all peoples and all nations of the world, and to the end that every individual and institution takes responsibility for promoting through teaching, education, and consciousness raising, respect for the rights recognized in this Declaration and ensure through prompt and progressive measures and mechanisms, national and international, their universal and effective recognition and observance among all peoples and States in the world.

2. Question(s):

- A. Why are we/they killing ourselves/ suicidal?
 - i. H1: “Well if he ain’t I don’t need to.” Cross level cognitive dissonance, peer influence. Why should I try if the world’s going to burn up anyway.
 - ii. original dissonance implies, well if death is inevitable wjoncares. And suicidal tendencies as a part of Human nature
- B. Why is it hard to do something we know is good for us (apply all knowledge for good)



Scientific Theory / HYPOTHESIS / THESIS
 Beliefs / Archetypes / Collective Symbols / Metaphors / (PLATO)
 Intelligent Behavior (TURING)
 Dissociation / Ideology / self / -hypnosis (EO WILSON)
 self-preservation at all cost (TMT) / PARENT ((TRANSACTION)
 HOPE-FULL, / THINKING (JUNG) / SUPEREGO (FREUD)
 "GOOD"
 Successfully Repeated Experiment (OBSERVATION) / SYNTHESIS / KNOWLEDGE
 HOPE / EGO (FREUD) / EDULT (TRANSACTION) /
 "GREY SPECTRUM BETWEEN LINES"
 Scientific Law / ANTITHESIS
 Needs / Truth (PLATO)
 Human Behavior (TURING)
 Direct Sensory Experience (E.O WILSON)
 death is inevitable (TMT)
 HOPE-LESS / FEELING (JUNG / ID (FREUD) / CHILD (TRANS)
 "BAD"



The individual vs the abstract (neitzsche"), material and spiritual existence,

3. Experiment(s)

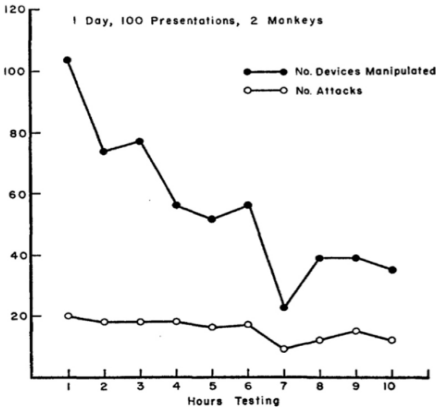


FIG. 3. SATIATION OF RESPONSE TO COMPLEX PUZZLE

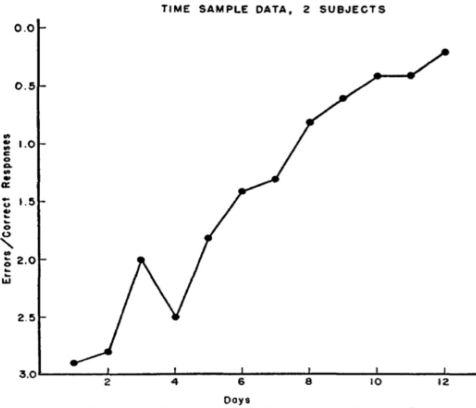
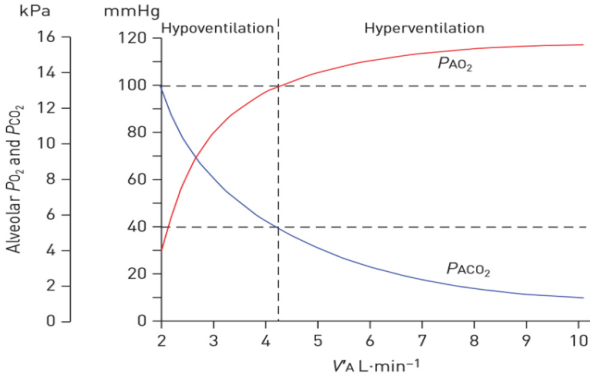


FIG. 2. LEARNING CURVE ON FIVE-RESTRAINING-DEVICE PUZZLE



Condition	1	2	3	4	5	Mean
IC	8.862	15.821	29.077	13.368	27.601	18.946
	2.679	2.673	7.401	25.189	33.615	14.311
	0.0	0.728	1.436	1.239	3.650	1.411
	3.238	22.107	22.553	35.376	36.964	24.048
CC	0.000	0.000	0.793	6.268	0.000	1.412
	1.070	4.026	2.825	4.644	5.276	3.568
	2.857	1.695	0.767	2.066	1.133	1.704
	0.0	2.742	3.575	4.160	5.096	3.115
II	66.414	59.085	68.021	79.144	61.335	66.800
	77.167	3.565	82.269	34.320	20.270	43.518
	56.932	28.466	5.790	17.550	19.782	25.704
	87.166	12.612	2.233	14.714	25.815	28.508
CI	93.244	64.880	21.740	28.109	78.723	57.335
	68.999	84.104	24.489	41.918	47.102	53.322
	88.335	3.198	5.356	26.860	70.668	38.883
	111.561	131.539	78.699	37.156	62.549	84.301

TABLE 5
MEAN NUMBER OF SECONDS OF FREE CHOICE TIME
SPENT WORKING ON THE PUZZLES BY TECHNICAL
AND ARTS STUDENTS AT TIME 1 AND TIME 3
IN BOTH LABORATORY EXPERIMENTS

Experiment	Arts			Technical		
	Time 1	Time 3	n	Time 1	Time 3	n
Monetary (Exp. I)	277.0	230.7	7	207.8	153.4	5
Verbal (Exp. III)	79.5	304.5	2	144.9	94.3	10
Control (Exp. I & III)	195.2	175.5	9	251.4	139.8	15
Total	214.2	211.3	18	208.6	126.9	30

TABLE 4 DISTRIBUTION OF BREAKOFF POINTS	
Verbal designation and voltage indication	Number of subjects for whom this was maximum shock
Slight Shock	0
15	0
30	0
45	0
60	0
Moderate Shock	0
75	0
90	0
105	0
120	0
Strong Shock	0
135	0
150	0
165	0
180	0
Very Strong Shock	0
195	0
210	0
225	0
240	0
Intense Shock	0
255	0
270	0
285	0
300	5
Extreme Intensity Shock	4
315	2
330	2
345	1
360	1
Danger: Severe Shock	1
375	0
390	0
405	0
420	0

USING AND MORPHINE INGESTION

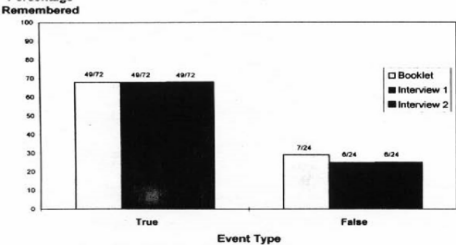
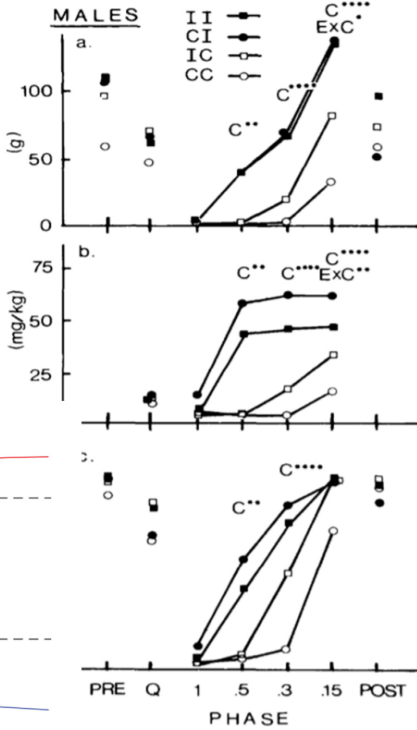


FIG. 8.1. Data from Loftus and Pickrell (1995): Percentage of true and false events that were remembered. Adapted with permission.

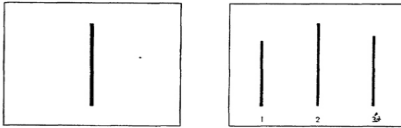
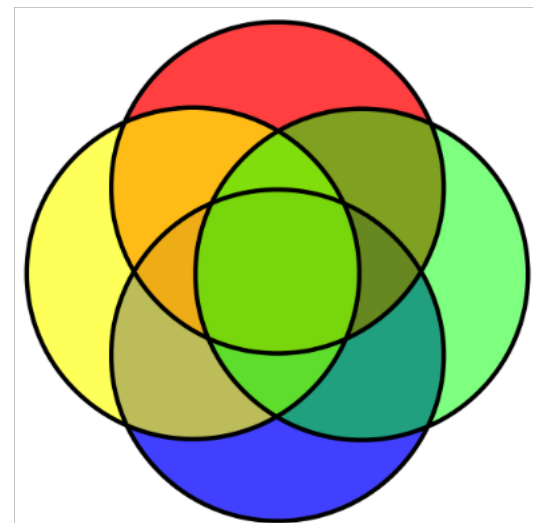
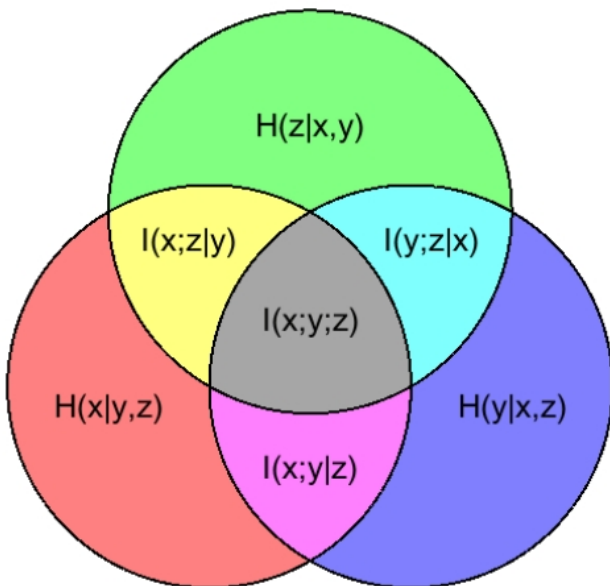
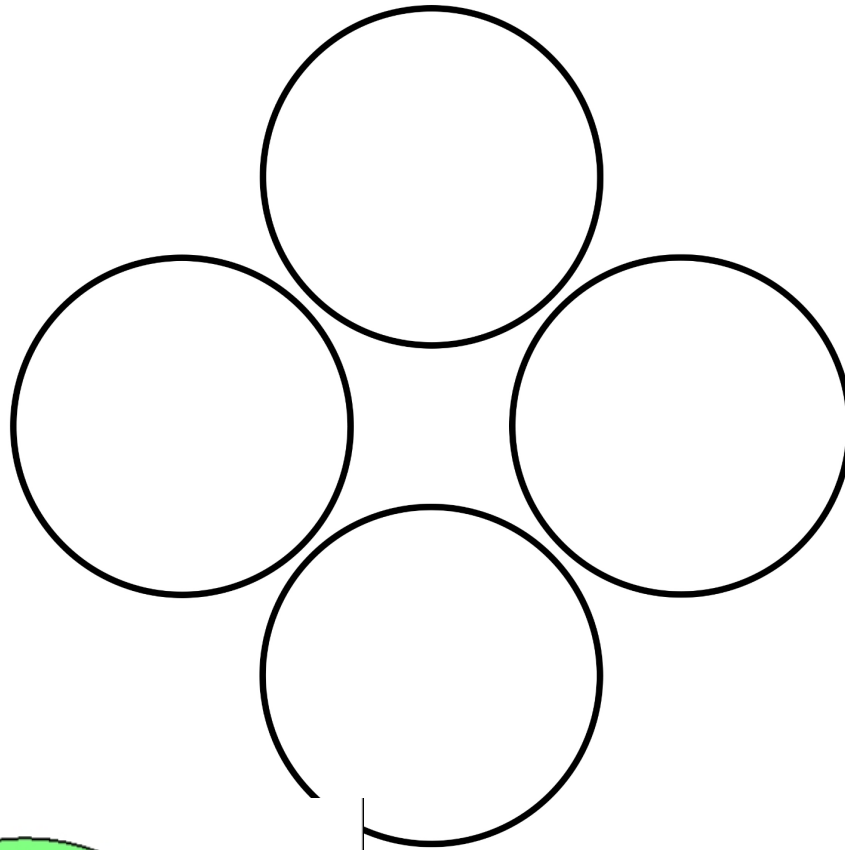


TABLE 1
NG CONDITIONS AND SEQUENCE OF DRUG-SUCROSE
LUTIONS PRESENTED IN EXPERIMENTAL PHASES

Designation	Housing Conditions		N
	Early (22-65 Days)	Contemporaneous (65 Days Onwards)	
II	Isolated	Isolated	4M,4F
CI	Colony	Isolated	4M,4F
IC	Isolated	Colony	4M,4F
CC	Colony	Colony	4M,4F
Phases			
Phase Name	Morphine or Quinine/Sucrose Solution	Days	Usable Days
PRE	water+10% sucrose	3	3
Q	0.06 mg QSO/ml water+10% sucrose	5	2
I	1.00 mg MHC/ml water+10% sucrose	5	4
0.5	0.50 mg MHC/ml water+10% sucrose	5	2
0.3	0.30 mg MHC/ml water+10% sucrose	5	5
0.15	0.15 mg MHC/ml water+10% sucrose	5	5
POST	water+10% sucrose	3	2

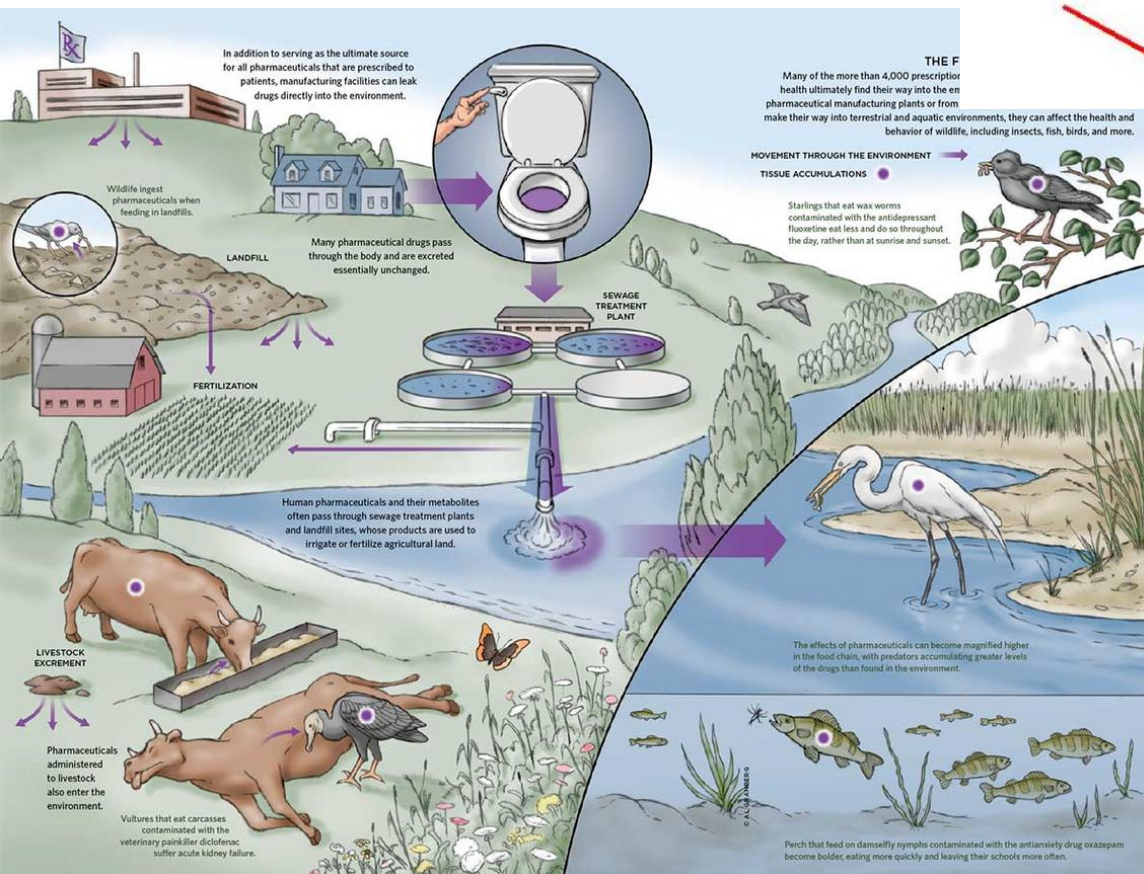
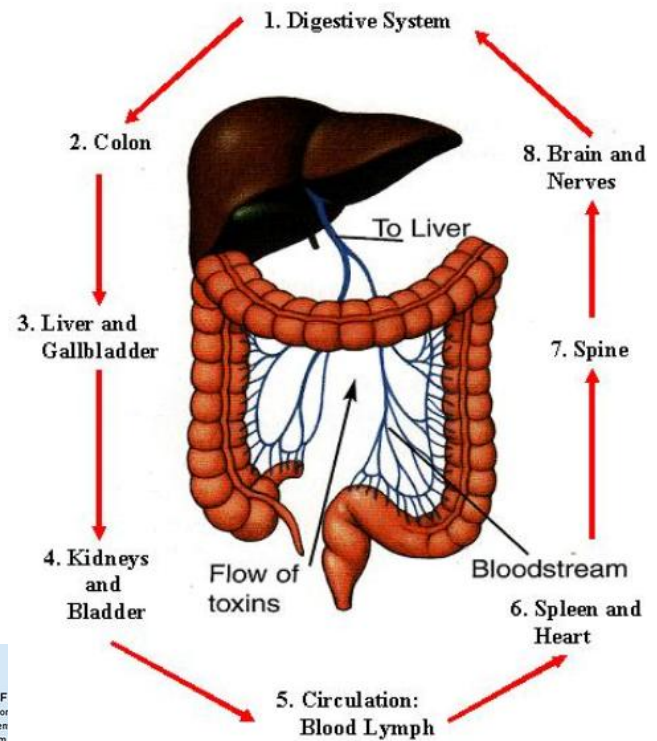
4. Analysis

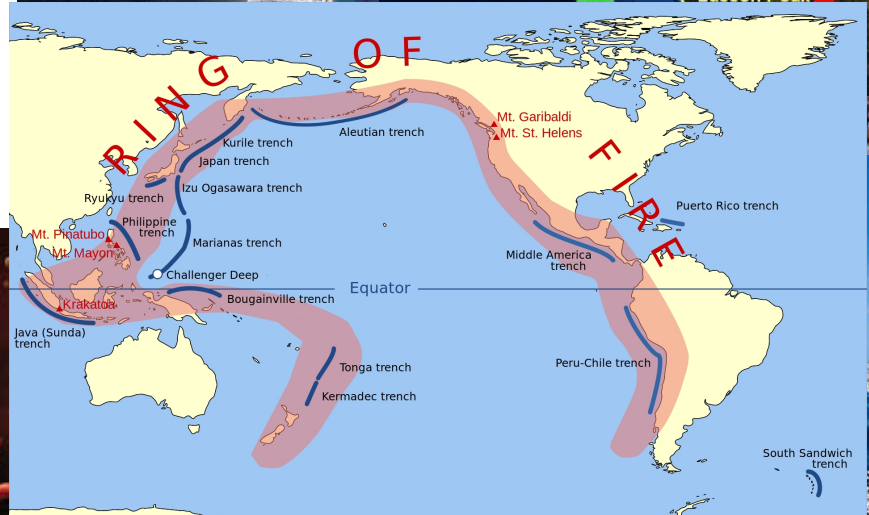


A. Biological

Conditions, air pollution water pollution

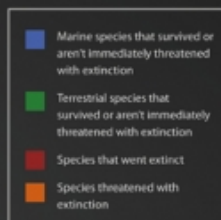
Toxic Stress Cycle





WE ARE IN THE MIDST OF A 6TH MASS EXTINCTION

Made by Renée Kools



A mass extinction is the extinction of a large number of species within a relatively short period of



to be \$200 billion in 2005.

We depend on ecosystems to survive.

The environment provides us with clean air, fresh water, ores and fuel. It provides us with the fertile soil we need to build our crops. It regulates climates and functions as a natural buffer against floods and storms.



Building CULTURES OF PREPAREDNESS

REPORT FOR THE EMERGENCY MANAGEMENT HIGHER EDUCATION COMMUNITY

JANUARY 2019

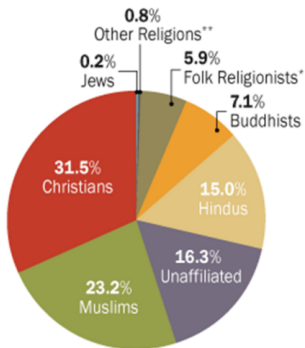


HIGHER EDUCATION PROGRAM

HIGHER EDUCATION PROGRAM NATIONAL EMERGENCY TRAINING CENTER • EMMITSBURG, MD
NATIONAL TRAINING AND EDUCATION DIVISION / NATIONAL TRAINING AND EDUCATION SYSTEM

B. Psychological

Size of Major Religious Groups, 2010
Percentage of the global population



*Includes followers of African traditional religions, Chinese folk religions, Native American religions and Australian aboriginal religions.

**Includes Baha'i's, Jains, Sikhs, Shintoists, Taoists, followers of Tenrikyo, Wiccans, Zoroastrians and many other faiths.

Percentages may not add to 100 due to rounding.

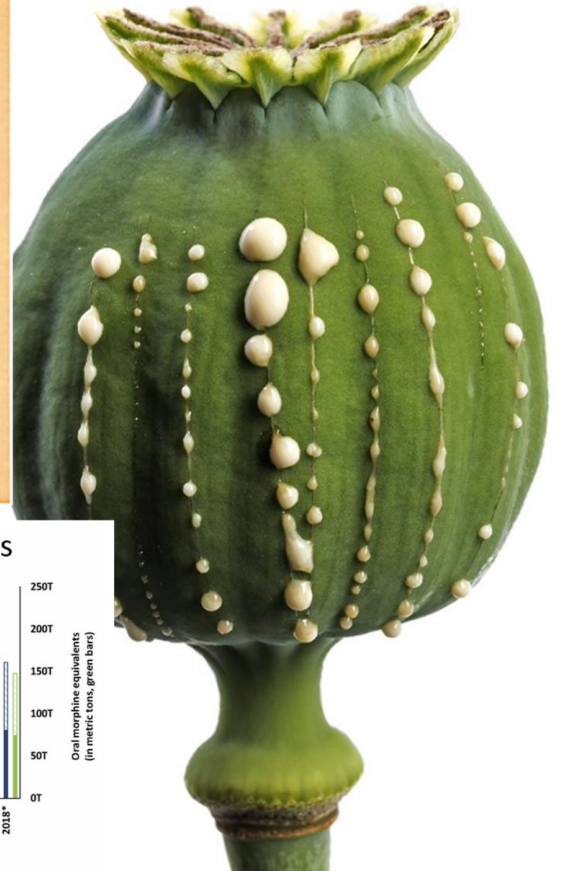
Pew Research Center's Forum on Religion & Public Life • Global Religious Landscape, December 2012

TEN COMMANDMENTS

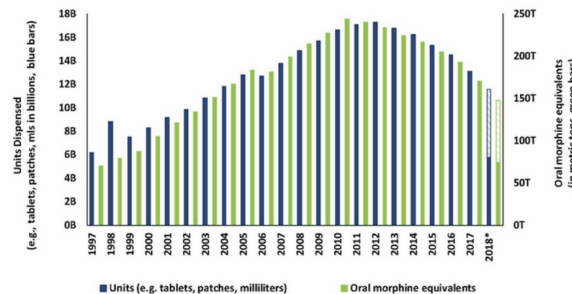
- I
I AM THE LORD THY GOD...
THOU SHALT HAVE NO OTHER GODS BEFORE ME
- II
THOU SHALT NOT MAKE UNTO THEE ANY GRAVEN IMAGES
- III
THOU SHALT NOT TAKE THE NAME OF THE LORD THY GOD IN VAIN
- IV
REMEMBER THE SABBATH DAY, TO KEEP IT HOLY
- V
HONOR THY FATHER AND THY MOTHER
@ USHistoryStore.org
THOU SHALT NOT KILL
- VII
THOU SHALT NOT COMMIT ADULTERY
- VIII
THOU SHALT NOT STEAL
- IX
THOU SHALT NOT BEAR FALSE WITNESS AGAINST THY NEIGHBOR
- X
THOU SHALT NOT COVET THY NEIGHBOR'S GOODS

EXODUS 20:1-17

ACCORDING TO ANCIENT SCRIPTURE, THE HEBREWS WERE CAST OUT OF EGYPT BY PHARAOH AND MADE TO WANDER THROUGH THE DESERT IN SEARCH OF THE PROMISED LAND. GOD spoke TO THE PROPHET MOSE ON MOUNT SINAI IN THE EGYPTIAN DESERT, WHERE HE ORDERED MOSE TO TAKE HIS COMMANDMENTS TO HIS PEOPLE, SO THEY COULD LIVE ACCORDING TO HIS WORDS. THESE LAWS FORM THE BASIS OF THE JEWISH RELIGION OF JUDAISM AND CHRISTIANITY.



Prescription Opioid Analgesics



Add suicide onto this comp

Addiction to control as and superiority complex, "power" kazynsci

Formal processing failures experiments

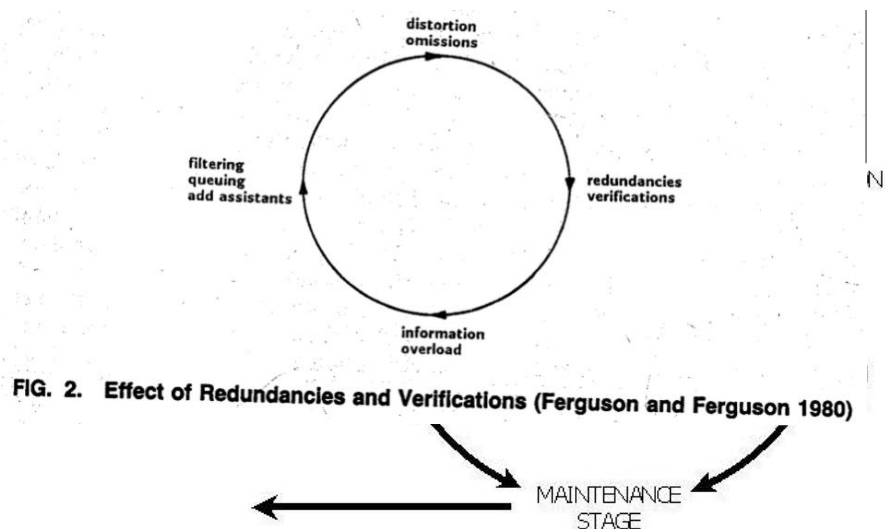
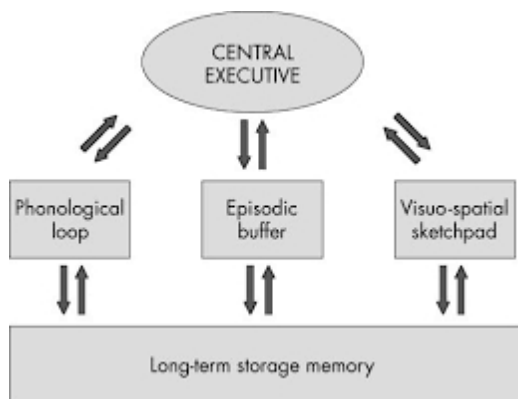


FIG. 2. Effect of Redundancies and Verifications (Ferguson and Ferguson 1980)

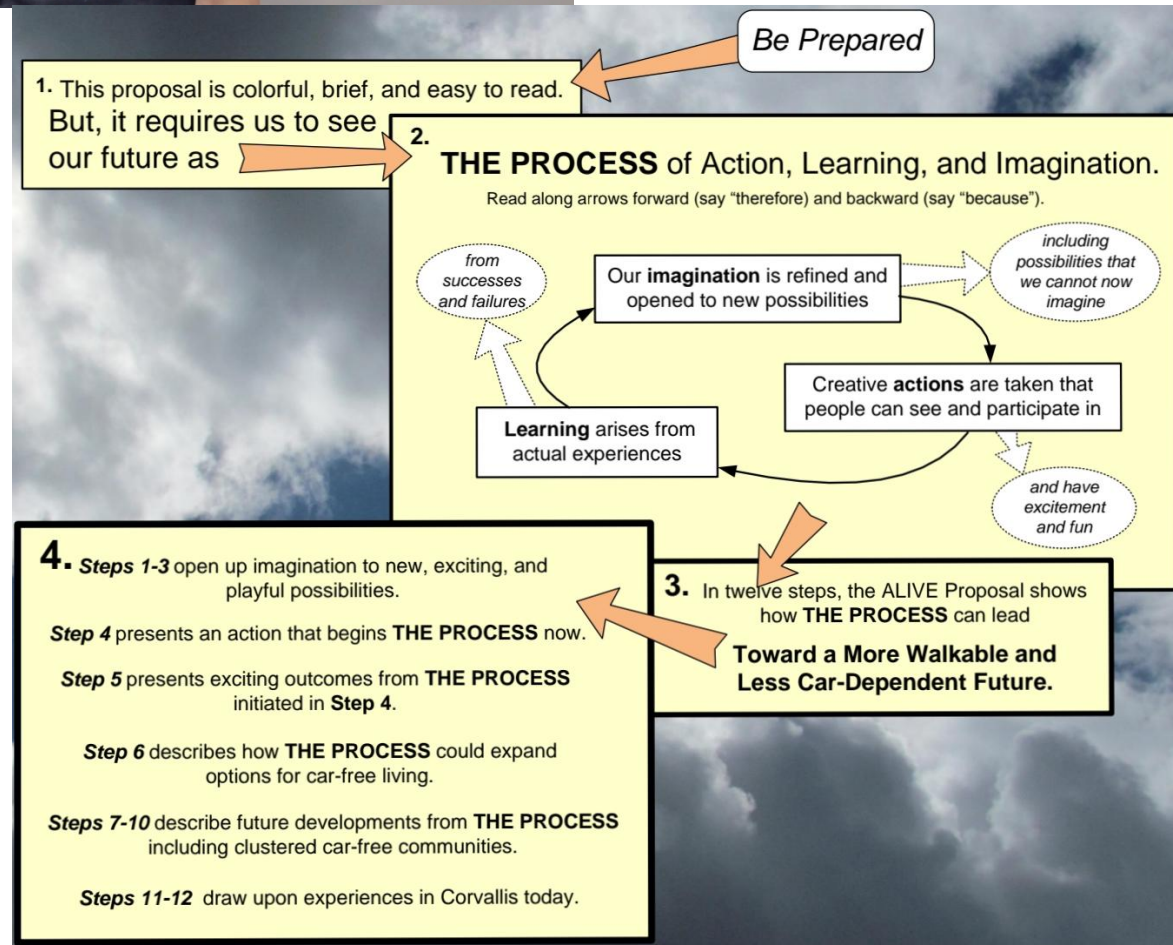
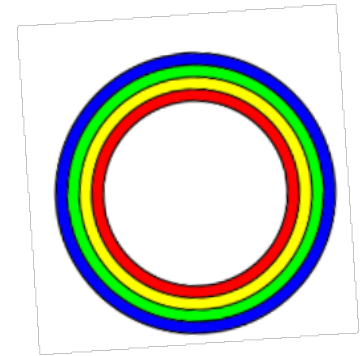
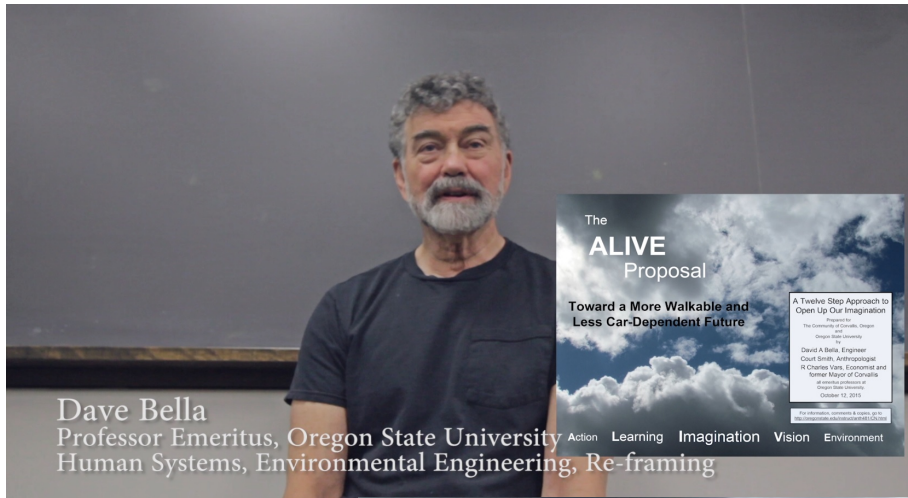
Rainbow, cross, and yin yang

Add grief cycle and other cultures such as addiction or trans theoretical model of change, alchemical cycle, sociology internalization,

The systematic distortion of information on an internal psychological level and on group scales at a sociological level.

Planned format to follow: Biopsychosocial spiritual, and Bella for psych, Davis for social, Adams for

governmental/spiritual. And for biological??

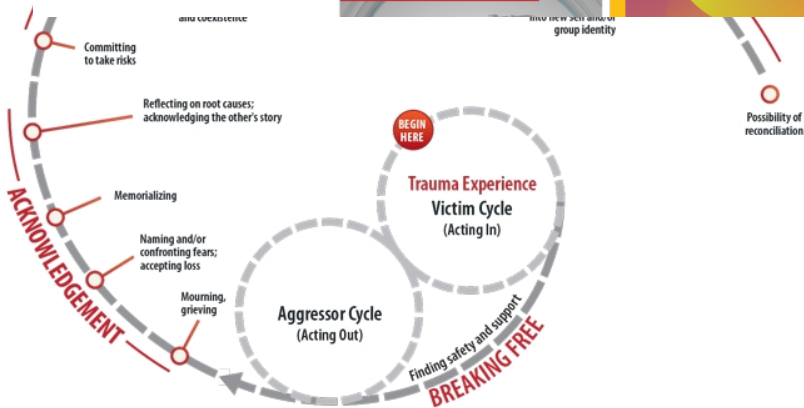


Include alive off as handout, along with the nature of language, ceremonial change process, synopsis on culture of war. All basic laws; recent math "The whole is greater than the parts", parallel the American logo, pluribus Unum, and the snake flag, add model layers brochure and timeline brochure, experiments as well.. to be added to simplest promo brochure

C. Sociological

Big rainbow

Bronfenbrenner macro media culture influence on addiction statistics pork, violence etc

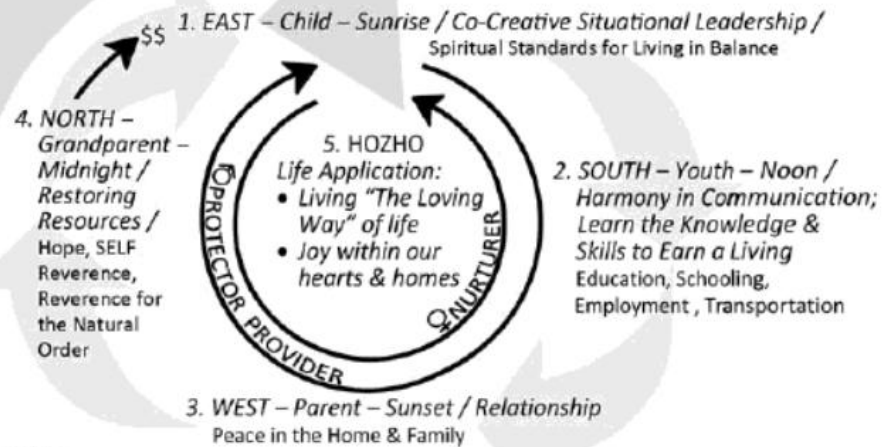




©Patricia Anne Davis, MA: www.nativeamericanconcepts.wordpress.com



Natural Order / Open System SELF Realization



Indigenous "Ceremonial Change Process"

1. Naming Out-of-Balance Condition / Root Cause
2. Emptying
3. Reframing
4. Co-Creative Solution
5. Life Application

Deserving Poor
addicted,
mentally ill,
incarcerated
homeless,

Undeserving Poor
levelers,
truth tellers



Closed
System for
Design Failure

©Diné Nation Justice Department
Window Rock, AZ
Translated By: Patricia-Anne Davis, M.A.
<http://nativeamericanconcepts.wordpress.com/>

dated belief", "not enough life support for all"

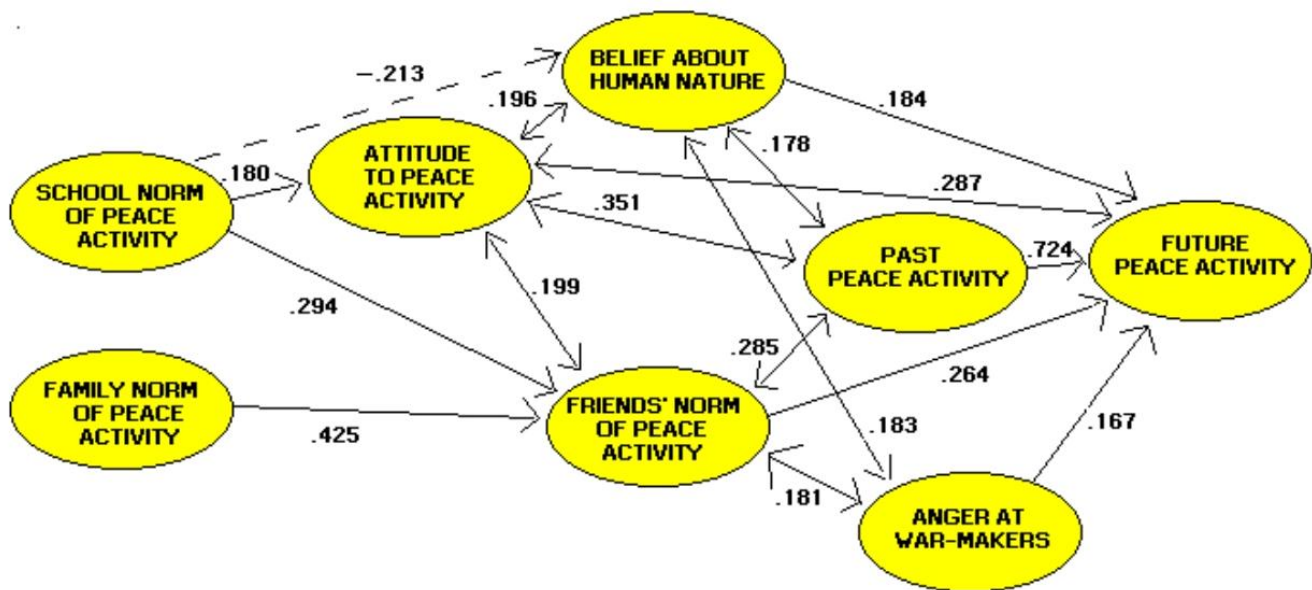


D. Spiritual/ Political

The Myth that War is Intrinsic to Human Nature Discourages Action for Peace by Young People

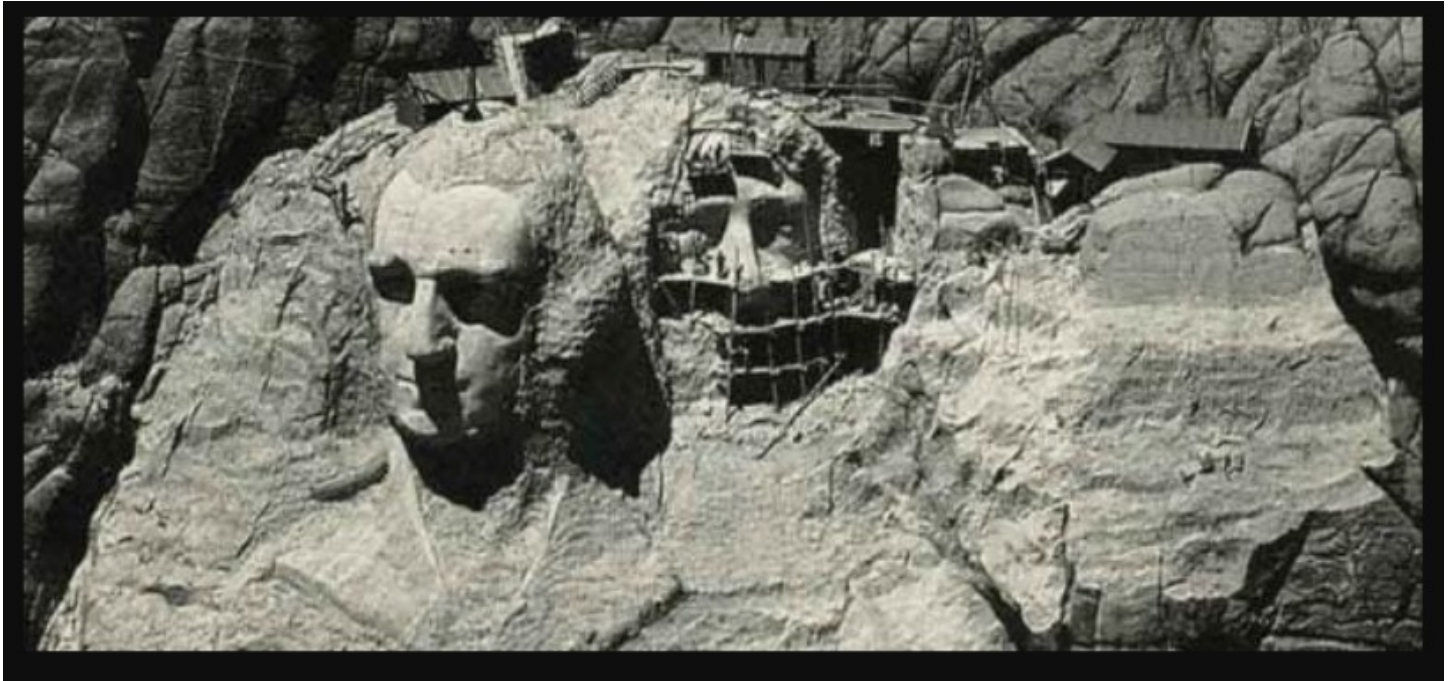
Table VI. The Structure of Peace Activity

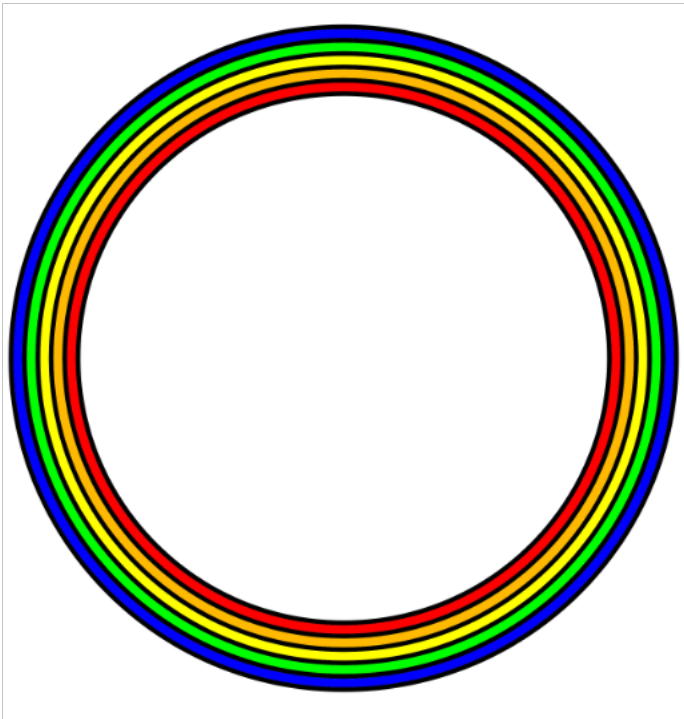
Page 11

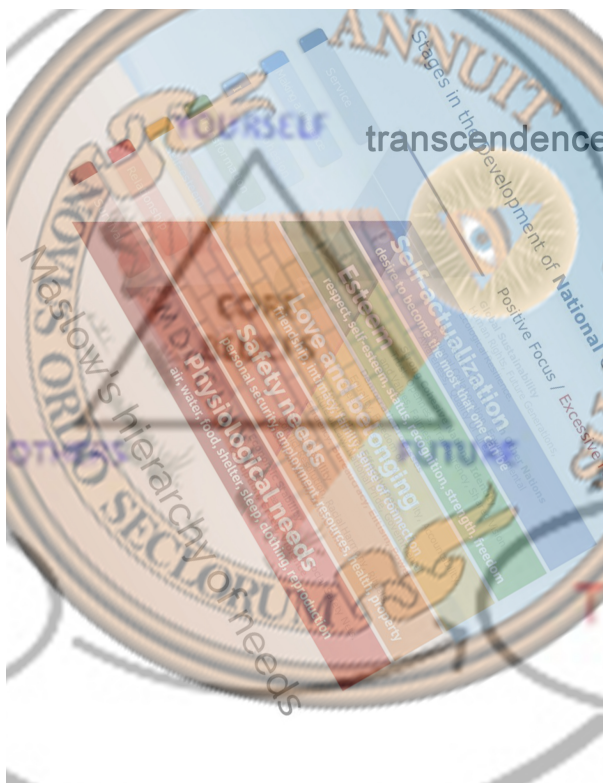


The Structure of Peace Activity. Partialled correlations among the major variables. All correlations shown were significant at $P = .05$ or less. All correlations were positive except for the negative correlation of school norm of peace activity with belief about human nature. School and family norms are treated as antecedent factors because family is not chosen by the subject and school was chosen well before the time of the study. Future activity is treated as a subsequent factor because it was measured one month later than the other variables.

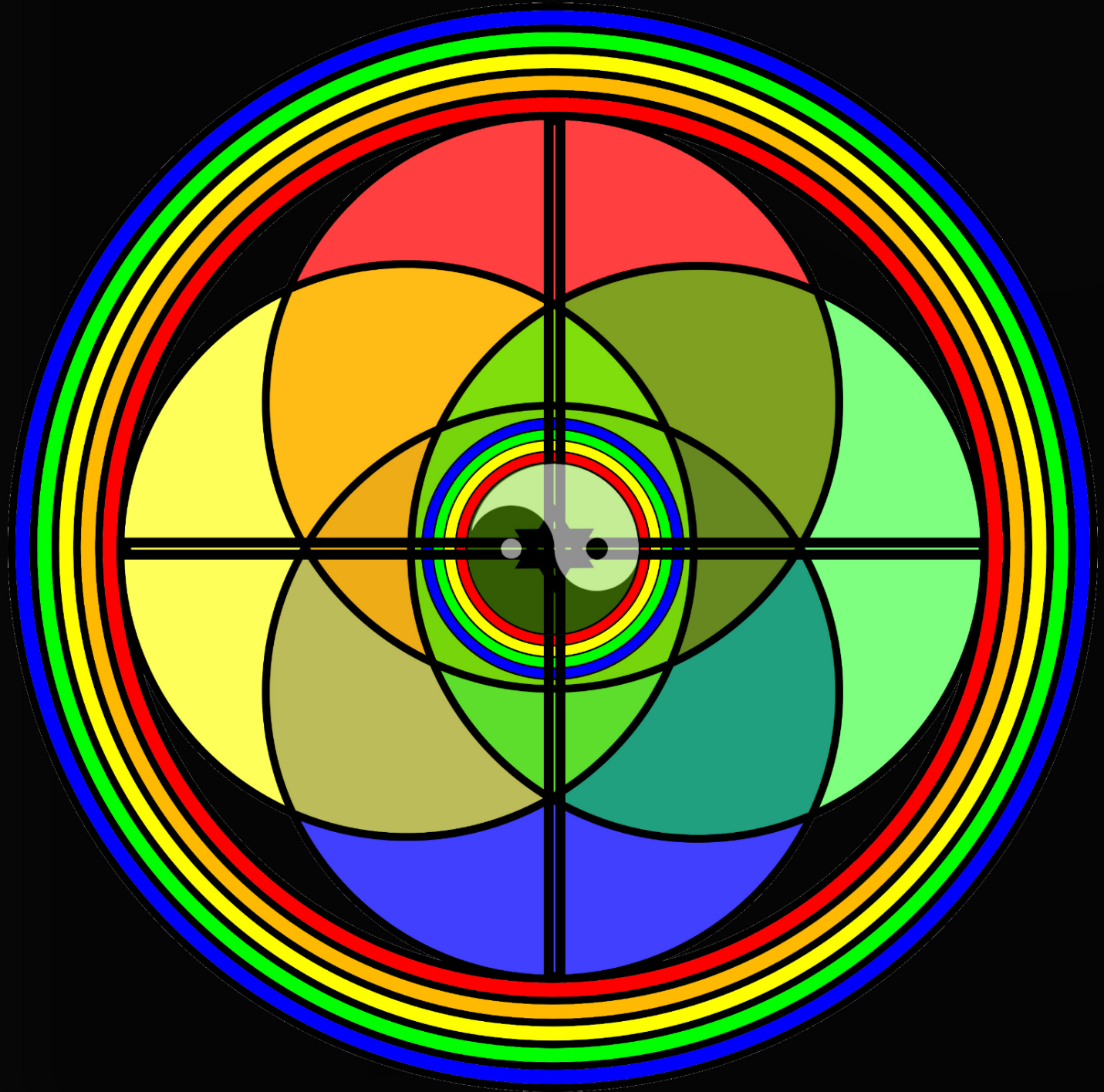




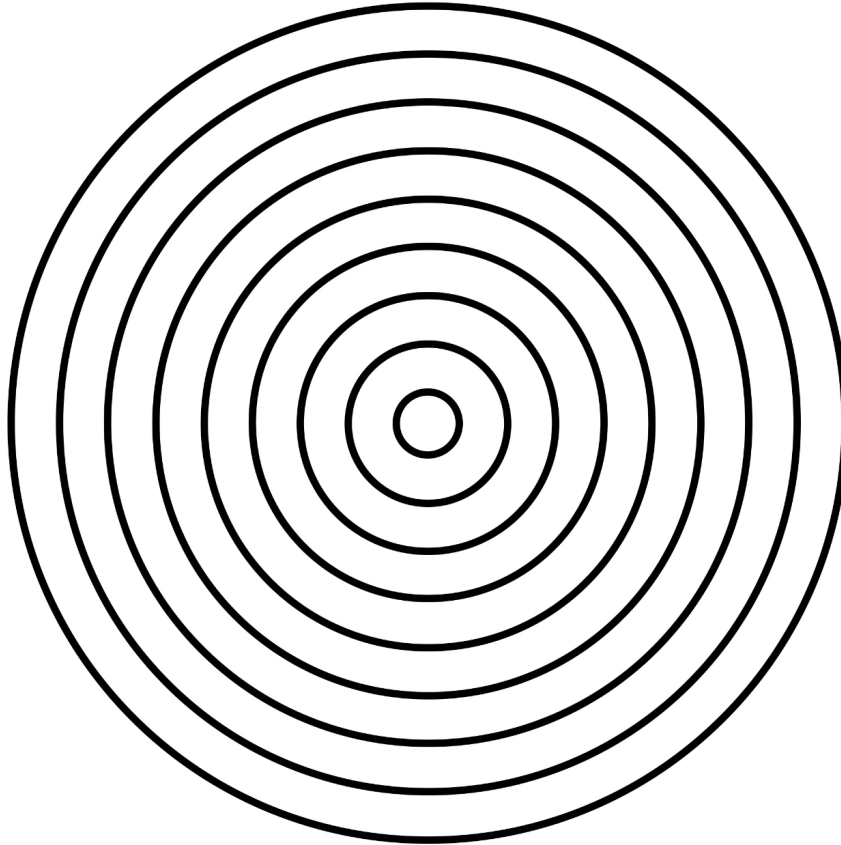




Conscious Culture



5. Conclusion

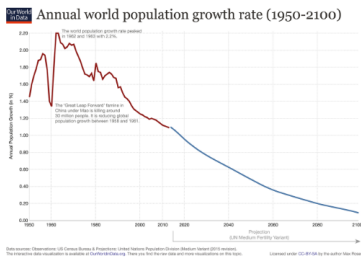


A. Formal Processing Needs, Beliefs and Barriers

Returning to the cave

1. Deficient beliefs:

- a. There's not enough for everyone, it's gotta be me or you – bfuller
- b. War and violence are man's nature
 - i. Conditions (ref. Chomsky quote)
- c. The state of nature is barbarous and cruel so implicit consent
 - i. "Spenceeee we do this to everyone" it's *natural*
 - 1. Natural conception and death; investigating planned parenthood
- d. We can't help everyone, everyone can't be saved
- e.



standard of living

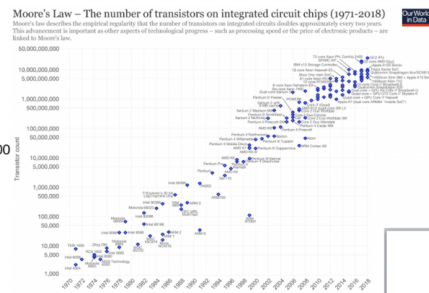
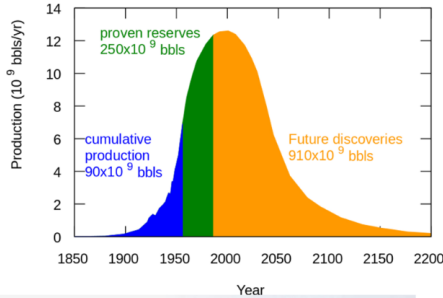
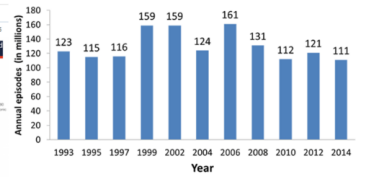
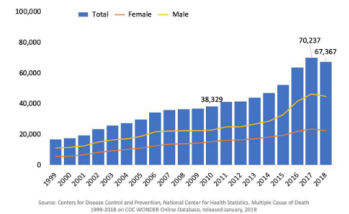
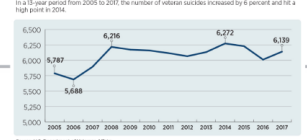


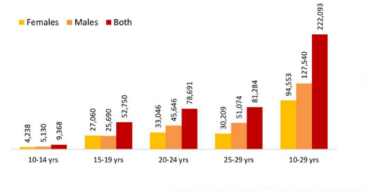
Figure 1. National Drug Overdose Deaths Number Among All Ages, by Gender, 1999-2018



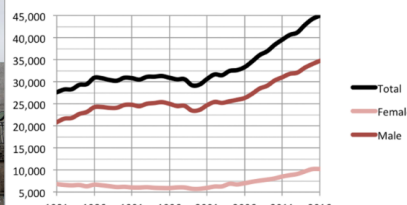
Veteran suicides increasing



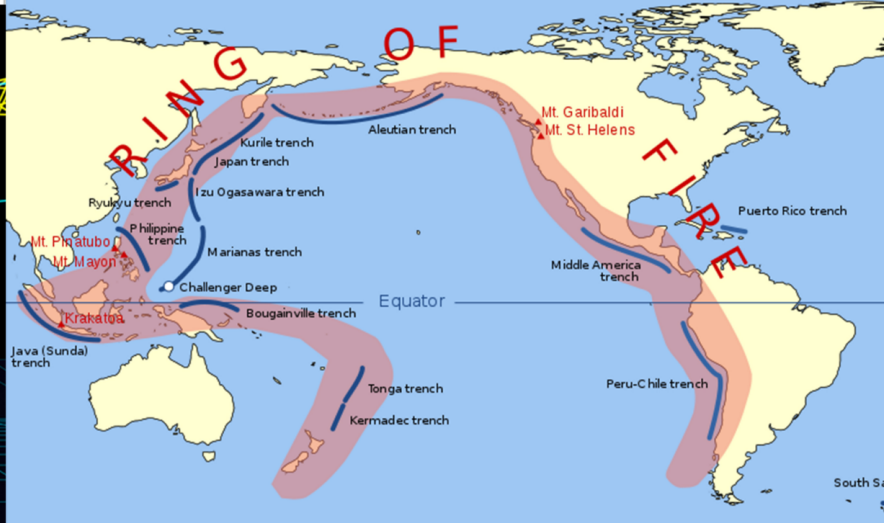
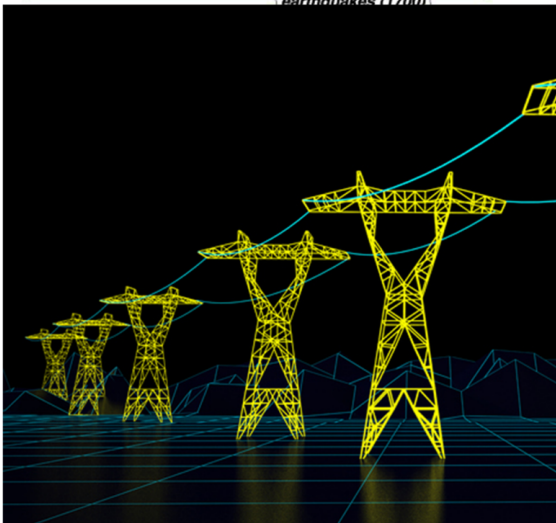
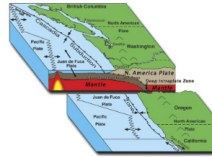
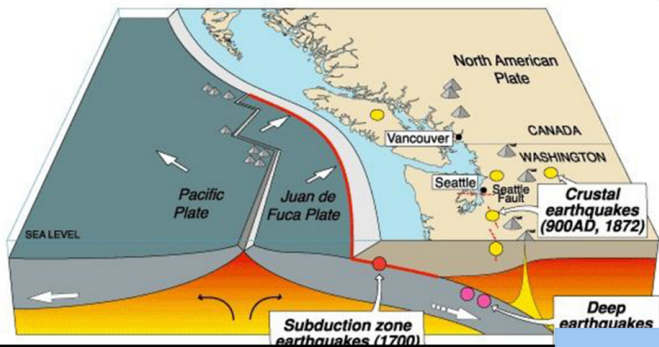
Number of suicides globally in young people, 2016



Total suicides in the United States, 1981-2016



Cascadia earthquake sources



Add whole eco city chapter

Include Swiss bunker constitution and follow with quote from be Skinner that neurosis is a product of the external conditions

Add Peter berg letters from Japan “one day the mayor of San Francisco will walk out onto the bridge to greet the salmon returning”

Other Peter berg quote on retraditionalizing man in “



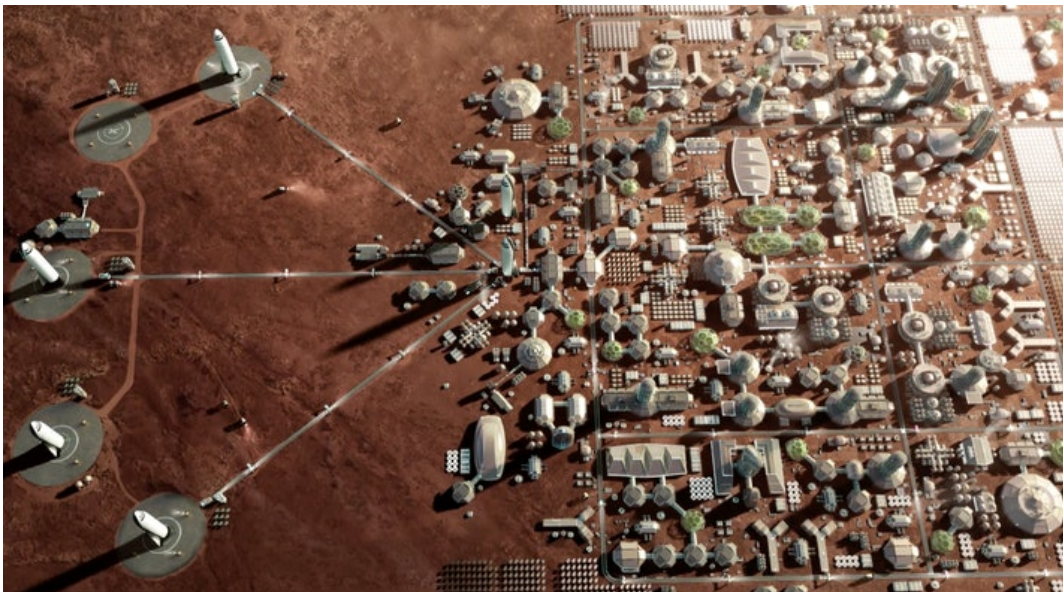
Follow up with Buckminster fuller synchrtetics “The specializing of man”

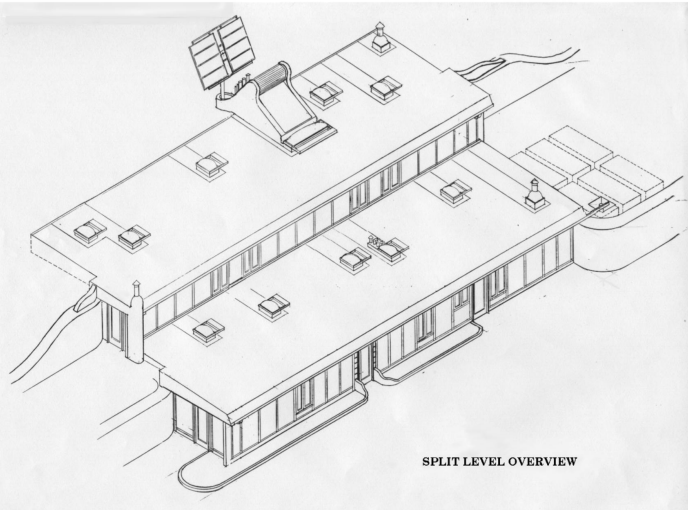




Cc: collaborative/co/creative/celebration civilization

Breathing lesson related to fire lesson early or in analysis





Aardskip "Earthship"

The ultimate
off-grid
house



By Ludwig and Retha Everson



The six principles of earthships

- Building with recycled materials
- Passive temperature control
- Generate own electricity



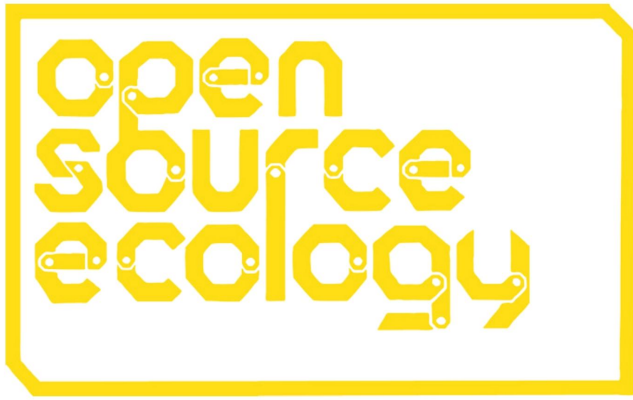
The six principles of earthships

- Harvest own water
- Contained sewage treatment
- Own food production









The

Global Village Construction Set (GVCS)

The GVCS is an open source platform of the 50 industrial machines that it takes to build a small civilization with modern comforts - from abundant natural resources. Each machine is designed for low cost without sacrificing performance. This is accomplished via a global effort of open collaboration.

Sectors:



Transportation

- car
- truck
- electric motor



Agriculture

- tractor
- combine
- plow
- ...



Energy

- wind turbine
- solar concentrator
- biomass
- ...



Manufacturing

- induction furnace
- robotic arm
- welder
- ...



Housing

- ccb press
- sawmill
- concrete mixer
- ...

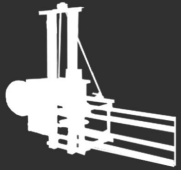
Everything Open Sourced

Everything One Community is creating is being open sourced specifically so others can easily replicate our designs or build their own creations using our designs for inspiration.

We're supporting this with video tutorials, web-based tutorials, and printable tutorials covering all aspects of design, construction, and maintenance. We're further supporting replication with ongoing FAQ updates, online problem-solving guides, and a database for sharing the implementations and evolutions of others. The complete open source sharing process covers the design and implementation of all structural details, plumbing, electrical, HVAC, equipment selection and installation, permitting, and more:

- ➔ [Labor Investment and Experience Sharing](#)
- ➔ [Materials Costs and Acquisition Guides](#)
- ➔ [Tools and Equipment Needs Guides](#)
- ➔ [Licensing and Permitting Guides](#)
- ➔ [Control and Automation Systems](#)
- ➔ [Hydronic Systems Design](#)
- ➔ [Sustainable Energy Implementation](#)
- ➔ [LEED Platinum Eco-lighting](#)
- ➔ [Open Source Eco-kitchen](#)
- ➔ [Open Source Eco-laundry](#)
- ➔ [Natural Pool and Eco-spa](#)
- ➔ [DIY Pallet Furniture](#)
- ➔ [DIY Pipe Furniture](#)
- ➔ [Open source software for tracking, coordinating, and future collaboration on all of the above](#)

View the Online Open Source Hub:
www.OneCommunityGlobal.org/Duplicable-City-Center

			
Backhoe		Earth Brick Press	
John Deere BH11	\$12,692	Powell & Sons PGA-600-12	\$52,500
OSE	\$2,000	OSE	\$4,000
Cost Savings \$10,692		Cost Savings \$48,500	
			
Cold Saw		Tractor	
Jet Equipment 414227	\$2,350	John Deere 4320	\$29,700
OSE	\$1,600	OSE	\$6,000
Cost Savings \$750		Cost Savings \$23,700	
			
Sawmill		Ironworker	
Mobile Manufacturing	\$34,250	Edwards EDWIW120-02	\$20,926
OSE	\$8,000	OSE	\$6,500
Cost Savings \$26,250		Cost Savings \$14,426	

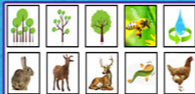
Highest Good Food

Food

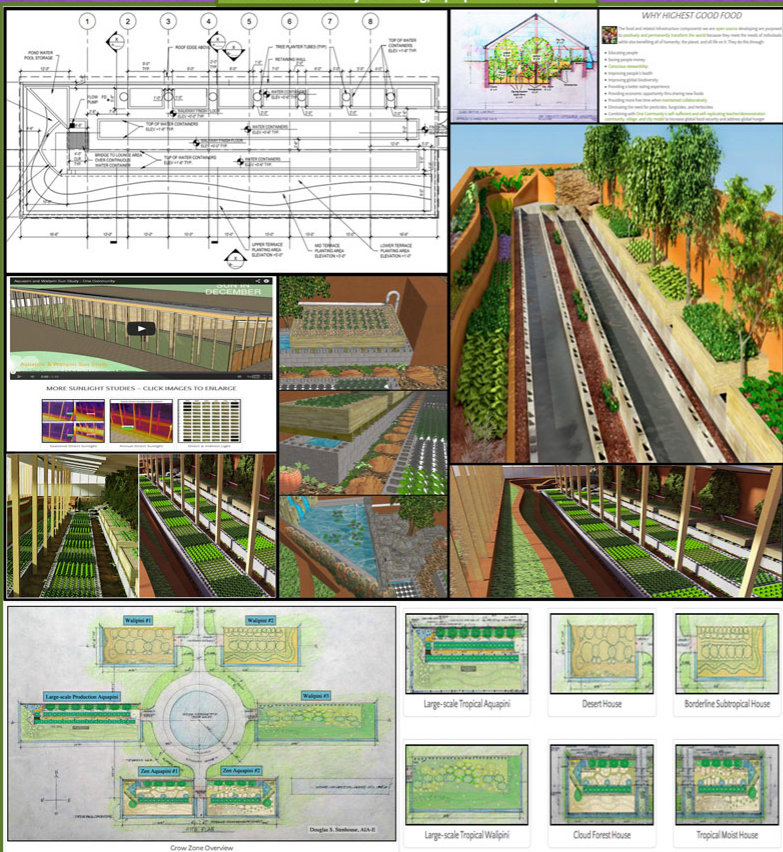
www.OneCommunityGlobal.org/Highest-Good-Food



Our duplicable food infrastructure is designed to produce food that is produced on-site so it is fresh, grown without chemicals so it is organic, and more diverse than what people find in the grocery store because it is grown as part of our open source botanical garden model.

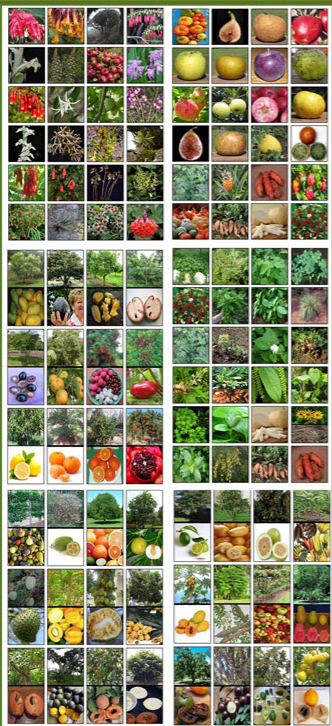


www.OneCommunityGlobal.org/Aquapinis-and-Walipinis



www.OneCommunityGlobal.org/Aquapini-and-Walipini-Planting-and-Harvesting

- 1. Ashmead Kernel apple**
The Ashmead Kernel completely covered with a thick, waxy, yellowish-brown wax-like substance that is not edible. It is a very rare and unique variety of apple.
- 2. Opalescent apple**
The Opalescent apple is a very rare and unique variety of apple. It is a very rare and unique variety of apple.
- 3. Summer Banana apple**
The Summer Banana apple is a very rare and unique variety of apple. It is a very rare and unique variety of apple.
- 4. Keener Seedling apple**
The Keener Seedling apple is a very rare and unique variety of apple. It is a very rare and unique variety of apple.
- 5. Black Oxford apple**
The Black Oxford apple is a very rare and unique variety of apple. It is a very rare and unique variety of apple.
- 6. Green Newtown Pippin apple**
Also called Ashmead Kernel, the Green Newtown Pippin apple is a very rare and unique variety of apple. It is a very rare and unique variety of apple.
- 7. Bevin's Favorite apple**
First described in 1855 and known as Bevin's Favorite, the Bevin's Favorite apple is a very rare and unique variety of apple. It is a very rare and unique variety of apple.



www.OneCommunityGlobal.org/Food-Forest



www.OneCommunityGlobal.org/Botanical-Garden

Botanical Gardens



By building self-contained food producing and recreational environments we can bring biodiversity where it normally would not be able to exist and be a part of the preservation and regenerative process. Establishing a botanical garden is the most organized and globally supportive way to do this.

WHY BOTANICAL GARDENS?

In keeping with our Highest Good of All model, we consider botanical gardens to be beneficial components of sustainable teacher/demonstration communities, villages, and cities. They conserve biodiversity and foster broader access to that biodiversity, are relatively simple to establish and maintain, assist in strengthening the "food web", and can be economically beneficial for individuals and communities. Now, like no other time in history, we have the ability to:

1. Access the global plant diversity
2. Grow, enjoy, and share the plant diversity of the world near our homes
3. Create sustainable environments for maintaining and evolving this diversity
4. Globally collaborate to improve access and growing environment designs even more

As we accomplish 1-3, we will also benefit from:

- More diverse foods to eat
- More diverse non-food plant uses
- Beautiful environments to view and socialize in
- More economic opportunities related to 1, 2, and 3

www.OneCommunityGlobal.org/Hoop-Houses

WHAT IS A HOOP HOUSE



A hoop house (also called a polytunnel or hoop greenhouse) is a greenhouse with a plastic roof wrapped over a flexible structure of hoops. The interior heats up because incoming solar radiation from the sun warms plants, soil, and other things inside the building faster than heat can escape the structure. The large hoops or bows can be made of metal, plastic pipe, or wood. The heavy greenhouse plastic "skin" is then stretched tight over the hoops and fastened to baseboards with strips of wood, metal, wire or even used irrigation tape and staples. Hoop houses are affordable, fast and cheap to build, and can extend a growing season by at least a month or more on each end. Click here for an extensive article on hoop houses if you'd like to read more.

Here's a 60 second video on small hoop house construction for under \$50:

How to build a PVC Hoop House



WHY BUILD HOOP HOUSES

The goal with hoop houses is to add a couple months to any short growing season. In some places this will allow people to quickly begin food production while other larger Phase 1 food production structures are built. We will use this page to open source share our evaluation of hoop houses as a growing option, how they work in our specific location, productivity and maintenance requirements, and related topics like manual weeding needs, effects of weather, wildlife, etc.

Our initial objective is to construct six 11' wide x 15' long x 8' high hoop houses:

- 3 for seedling starts of warm-season crops (tomatoes, peppers, eggplant, etc.)
- 3 for in-ground growing of cool season greens (spinach, arugula, lettuce, etc.)



www.OneCommunityGlobal.org/Large-Scale-Gardening



Cole Crops (Brassica spp. - kale, broccoli, bok choy, cabbage, brussels sprouts, etc.)



Cole crops are heavy vegetative stems (leaves) or cabbages that are stored, pickled, and eaten. Some forms can be used as salad. The leaves are eaten raw or cooked. They are highly nutritious, a source of glucosinolates, and have many other benefits.

CULTURAL CONSIDERATIONS

- Brassicas are subject to leafy and root rot damage
- Light reflections after planting may be required
- Crop rotation is important for brassicas to avoid pest buildup
- Transplant early spring leafy types can also be planted in fall
- Some types are resistant to root rot and other diseases (e.g., purple sprouting aitch)

PLANTING GUIDELINES

Brassicas are usually set out in spring as transplants. Spring 1/2" or more after and between rows 1/2" in response to above ground root space to provide adequate nutrition for root growth and to avoid root rot. Heavy fertilizers (organic mulches) are not recommended. Mulching and providing support are key to success.

Roots (Parsnips, rutabagas, and Potatoes)



Roots are a source of starch and are a good source of fiber. They are also a good source of vitamins and minerals. They are highly nutritious and have many other benefits.

CULTURAL CONSIDERATIONS

- Roots are subject to root rot and other diseases
- Light reflections after planting may be required
- Crop rotation is important for roots to avoid pest buildup
- Transplant early spring leafy types can also be planted in fall
- Some types are resistant to root rot and other diseases (e.g., purple sprouting aitch)

PLANTING GUIDELINES

Roots are usually set out in spring as transplants. Spring 1/2" or more after and between rows 1/2" in response to above ground root space to provide adequate nutrition for root growth and to avoid root rot. Heavy fertilizers (organic mulches) are not recommended. Mulching and providing support are key to success.

Duplicable City Center



17,000+ Square Feet (1,580 sq meters)

Rental Rooms for **40+**

Convention Space for **300+**

8 Public Recreation Spaces

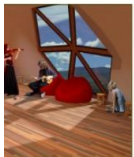
4 Large Group Meeting Spaces

Dining for **200+**

Laundry for **300+**

15 Open Source Templates

Estimated Cost
\$2,467,000



h loft



Dining areas for 200+ on two floors



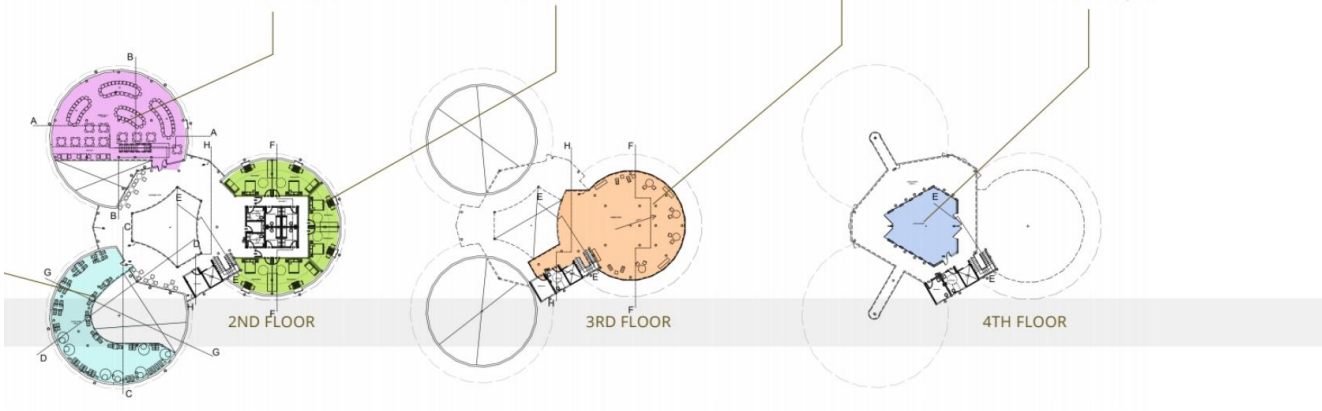
12 rental visitor suites on two floors



Sunrise patio



Rooftop cupola/multimedia & recreation space

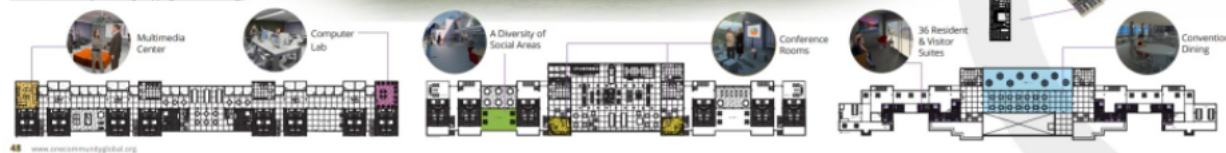


Container Village

The Shipping Container Village is being designed as a 3-story and semi-subterranean living option purposed to demonstrate the affordability, beauty, and energy and materials efficiency of stacked shipping container construction. We will open source this building method in complete detail along with 5 different shipping container housing options and a diversity of shipping container recreation and social spaces.

The theme of this village is "Business and Entrepreneurial Development." In addition to sharing this as a sustainable commercial and residential construction option, we are building this village to host conventions, business retreats, and other entrepreneur-related events. By doing this, we hope to engage a demographic that might not normally visit a sustainability project like One Community.

View the Online Open Source Hub:
www.onecommunityglobal.org/Shipping-Container-Village



Outdoor Meeting Areas

A built enough walk from the kitchen to be convenient, but long enough to provide semi privacy for those who want a little alone or semi-private.



Computer Lab

For work, research, and collaboration on the ongoing open source creation and development of the village.



Informal Conference Room

Small meeting rooms and open space for casual business events and resident social events, movie nights, or other activities.



Conference Dining on Three Floors

A large open kitchen capable of feeding 200+ people at a time and three floors of seating for business or social events.



Game Room

Designed to provide a pool table, ping pong, football, board games, and tables for recreation and social events.



Yoga Room

A large open kitchen capable of feeding 200+ people at a time and three floors of seating for business or social events.



Library

A library, learning, and recreation space for education of classes, seminars, and relaxation. It will have bookshelves, study tables, and other resources for business and recreation.



Lobbies and Corridors

Large open kitchen capable of feeding 200+ people at a time and three floors of seating for business or social events.



Earthbag Village

The Earthbag Village is the first of the 7 sustainable villages we'll build because it is considered the most affordable and globally-easily replicable. It will open source ultra-sustainable, DIY eco-artistic housing, water recycling structures, water collecting, and recycling bathroom structures, water and heat recycling shower structures, the central Tropical Atrium food and recreation structure, botanical garden strategy, and more in a total-village footprint that is less than one acre.

Living domes are arranged in three-dome and six-dome clusters creating a central sitting area designed for relaxation, a fire pit, or other recreational use. These clusters could also be enclosed to create 3 or 6-room homes. The central Tropical Atrium is part of the open source botanical garden strategy and large enough to host classes and other gatherings. The entrance and surrounding area are also designed for hosting large (150+ people) outdoor events.

The theme of this village is "Affordable DIY Sustainability." The building method is easy to learn and construction costs are less than \$7,000 per structure, including the DIY custom furniture — and even less when mass produced.

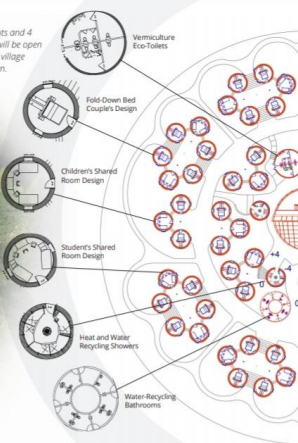
View the Online Open Source Hub:
www.onecommunityglobal.org/Earthbag-Village

20 www.onecommunityglobal.org

Complete Village Footprint Less Than 1 Acre (4,047 sq meters)



3 different room layouts and 4 additional structures will be open sourced. Other half of village mirrors the area shown.



Housing for	150+
Recreation Areas for	200+
60 Living/Resident Units	
12 Visitor/Guest Units	
Waste-Recycling Eco-Toilet Structures	2
Heat & Water Recycling Eco-Shower Structures	4
Net-Zero Water-Recycling Eco-Bathroom Structures	2
Public Events Spaces	2
Open Source Templates	10
Estimated Cost	\$849,000

Living Units in Clusters with Patio

Maximize space efficient eco-dome houses with central patios between and fold-up beds and desks, back-aisle charging space, and loft storage inside.



One-Acre Footprint

This village and each of the other 7 villages are designed to fit on a one-acre footprint to minimize land needs, reduce costs, and improve the efficiency of constructing and living in these villages.



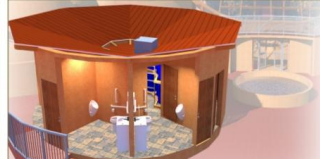
Heat-Recycling Eco-Showers

The heat-recycling eco-showers are designed to minimize both water and energy needs by innovative heat-recycling methods and maximization of user comfort and convenience during use.



Net-Zero Water-Saving Bathrooms

Combines vacuum toilets and ultra-efficient sinks to use less water than other high-efficiency toilets and sinks. They also capture and store enough rainwater to meet 100% of their water needs.



Vermiculture Waste-Recycling Toilets

These toilets combine human waste processing using worms (vermiculture) with a traditional toilet, flush, and some separating toilet seats lead to a water system to meet code requirements.



Transition Kitchen Designs

Open source temporary and remote operation kitchen designs for feeding 50+ people while this village, the City Center permanent kitchen, and future villages are being completed.



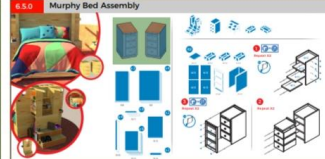
Do-it-Yourself Space-Maximizing Furniture

Three different open source furniture plans and layouts have been created to meet differing needs and provide a platform for further customization and individualization. See pages 24-25 for more details.



Detailed Assembly Instructions for All Village Components

To make everything replicable, we are designing complete and detailed construction/assembly instructions for the furniture, structures, and all other components and sub-components.





Add with ecosystem image in page after human (beyond human to system)



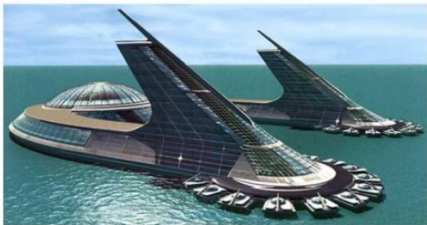


THE VENUS PROJECT

beyond politics poverty and war

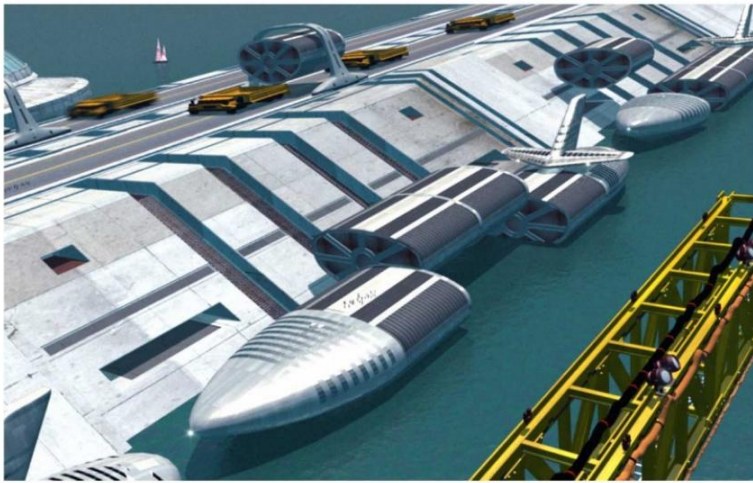


The Venus Project is an organization which offers feasible plans for social change, plans that could attain a peaceful and sustainable global civilization.



PRESS KIT 2012

WWW.THEVENUSPROJECT.COM



B. Affirmation



C. Retraditionalization

Crisis, healing, meaning, modelling, social action, expansion (the poison that ruined a nation) cycle predicts conclusion titles (stats of war = crisis, healing = pseudo community framework, win win mindset,

D. Transcendence